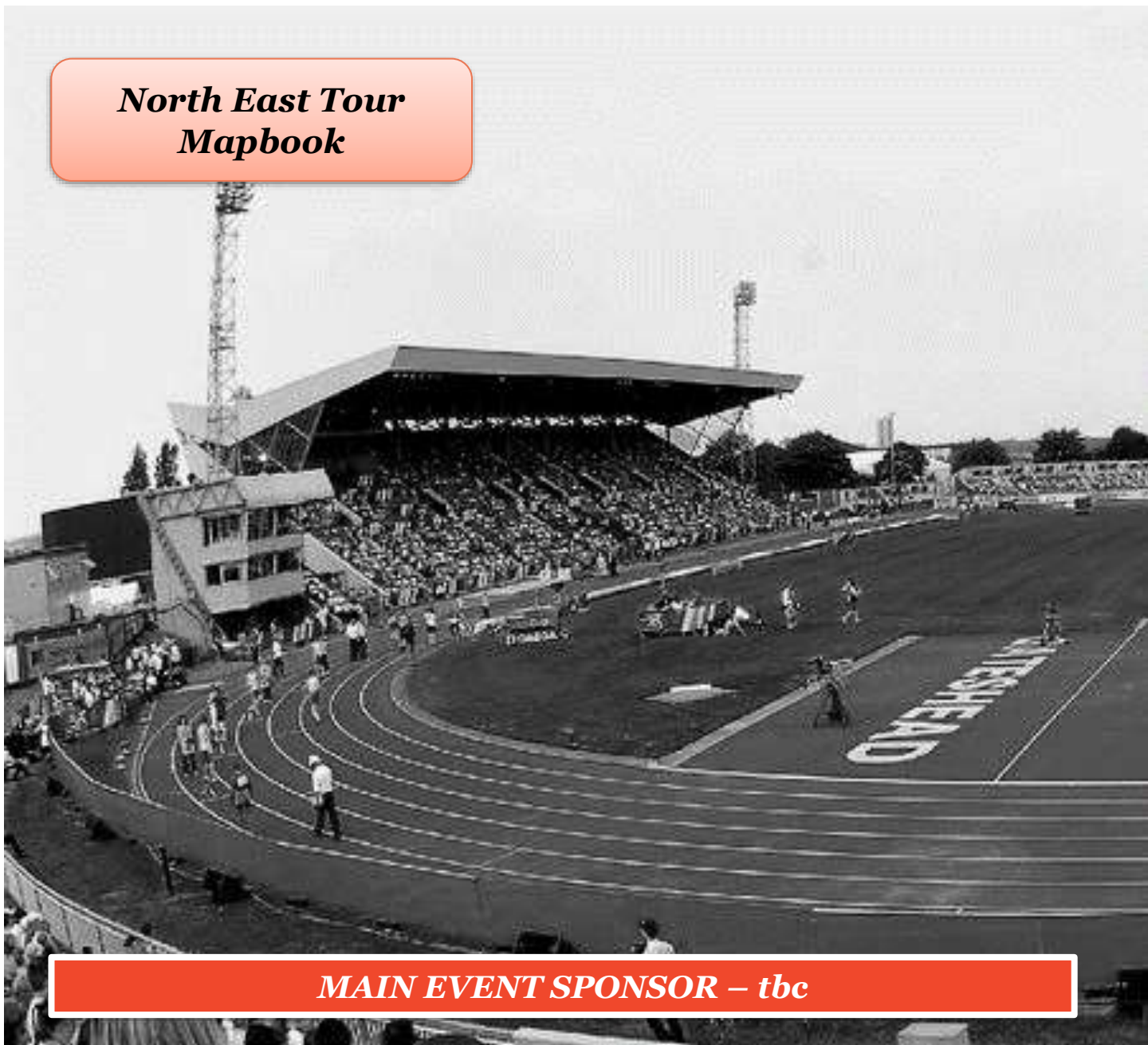


Steps for Stephen

Spring / Summer 2021

*North East Tour
Mapbook*



MAIN EVENT SPONSOR – tbc

EST. 2007
**Redwood
events**

**DARBY
RIMMER**
MND FOUNDATION

Fundraising in
support of the
Darby Rimmer
MND Foundation

North East Tour



To the Riverside Stadium

To the Emirates Riverside

Supporting the Darby Rimmer MND Foundation

To Newcastle Racecourse

To St James's Park

To Sunderland's Stadium of Light

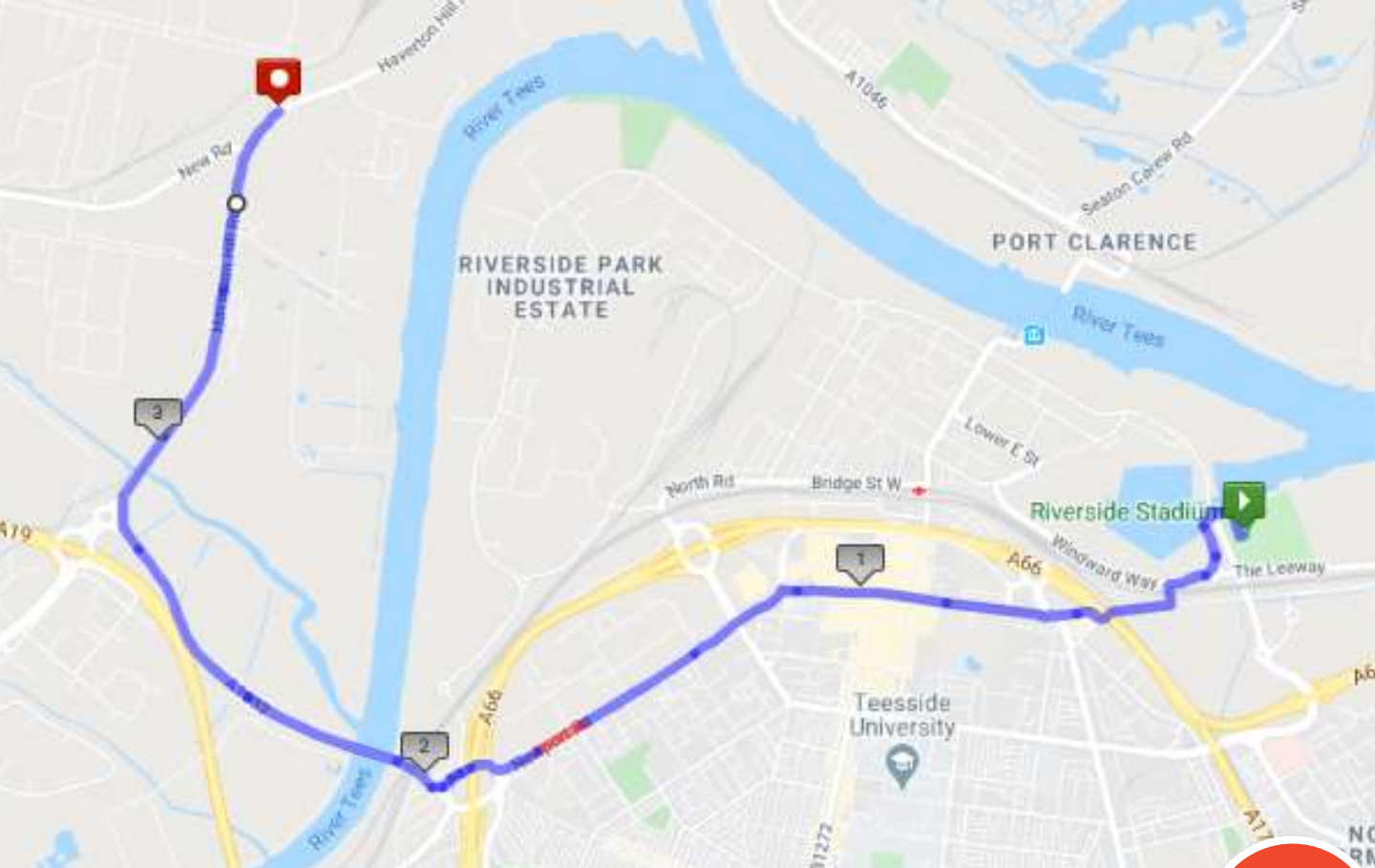




Walkers Rota

Stage	From	To	Miles	Start Day	Start Time	End Day	End Time	Walkers		
1	Middlesbrough	Haverton Hill	3.73	Sat	11.00	Sat	12.07	Kevin Keegan	Ian Porterfield	Bernie Slaven
2	Haverton Hill	Saltholme Reservoir	3.16	Sat	12.07	Sat	13.04	Jackie Milburn	Kevin Phillips	Ben Stokes
3	Saltholme Reservoir	Seaton Carew	3.80	Sat	13.04	Sat	14.12	Paul Gascoigne	Paul Collingwood	Jonny Wilkinson
4	Seaton Carew	Hartlepool United	3.31	Sat	14.12	Sat	15.12	Chris Waddle	Jermain Defoe	Juninho
5	Hartlepool United	Crimdon	3.95	Sat	15.22	Sat	16.33	Kevin Keegan	Kevin Phillips	Jonny Wilkinson
6	Crimdon	Peterlee	3.83	Sat	16.33	Sat	17.42	Jackie Milburn	Paul Collingwood	Juninho
7	Peterlee	Hawthorn	3.15	Sat	17.42	Sat	18.39	Paul Gascoigne	Jermain Defoe	Bernie Slaven
8	Hawthorn	Ryhope	3.93	Sat	18.39	Sat	19.50	Chris Waddle	Ian Porterfield	Ben Stokes
9	Ryhope	Sunderland	3.56	Sat	19.50	Sat	20.55	Paul Gascoigne	Kevin Phillips	Juninho
10	Sunderland	Pennywell	3.73	Sat	21.05	Sat	22.12	Chris Waddle	Paul Collingwood	Bernie Slaven
11	Pennywell	Shiney Row	3.39	Sat	22.12	Sat	23.13	Kevin Keegan	Jermain Defoe	Ben Stokes
12	Shiney Row	Durham CCC	3.33	Sat	23.13	Sun	0.13	Jackie Milburn	Ian Porterfield	Jonny Wilkinson
13	Durham CCC	Birtley	3.09	Sun	0.23	Sun	1.19	Kevin Keegan	Kevin Phillips	Jonny Wilkinson
14	Birtley	Angel of the North	2.09	Sun	1.19	Sun	1.56	Jackie Milburn	Paul Collingwood	Juninho
15	Angel of the North	Gateshead Stadium	4.02	Sun	1.56	Sun	3.08	Paul Gascoigne	Jermain Defoe	Bernie Slaven
16	Gateshead Stadium	Newcastle United	2.43	Sun	3.18	Sun	4.02	Chris Waddle	Ian Porterfield	Ben Stokes
17	Newcastle United	Newcastle Falcons	4.47	Sun	4.12	Sun	5.33	Paul Gascoigne	Kevin Phillips	Juninho
18	Newcastle Falcons	Newcastle Racecourse	3.82	Sun	5.43	Sun	6.52	Chris Waddle	Paul Collingwood	Bernie Slaven
19	Newcastle Racecourse	Seghill	4.14	Sun	7.02	Sun	8.17	Kevin Keegan	Jermain Defoe	Ben Stokes
20	Seghill	Seaton Sluice	3.56	Sun	8.17	Sun	9.21	Jackie Milburn	Ian Porterfield	Jonny Wilkinson
21	Seaton Sluice	Blyth Spartans	3.20	Sun	9.21	Sun	10.19	Kevin Keegan	Paul Gascoigne	Chris Waddle
22	Blyth Spartans	Attlee Park	3.86	Sun	10.29	Sun	11.38	Kevin Phillips	Bernie Slaven	Jonny Wilkinson
23	Attlee Park	Nedderton	3.28	Sun	11.38	Sun	12.37	Jermain Defoe	Ian Porterfield	Paul Collingwood
24	Nedderton	Morpeth RFC	3.54	Sun	12.37	Sun	13.41	Jackie Milburn	Juninho	Ben Stokes



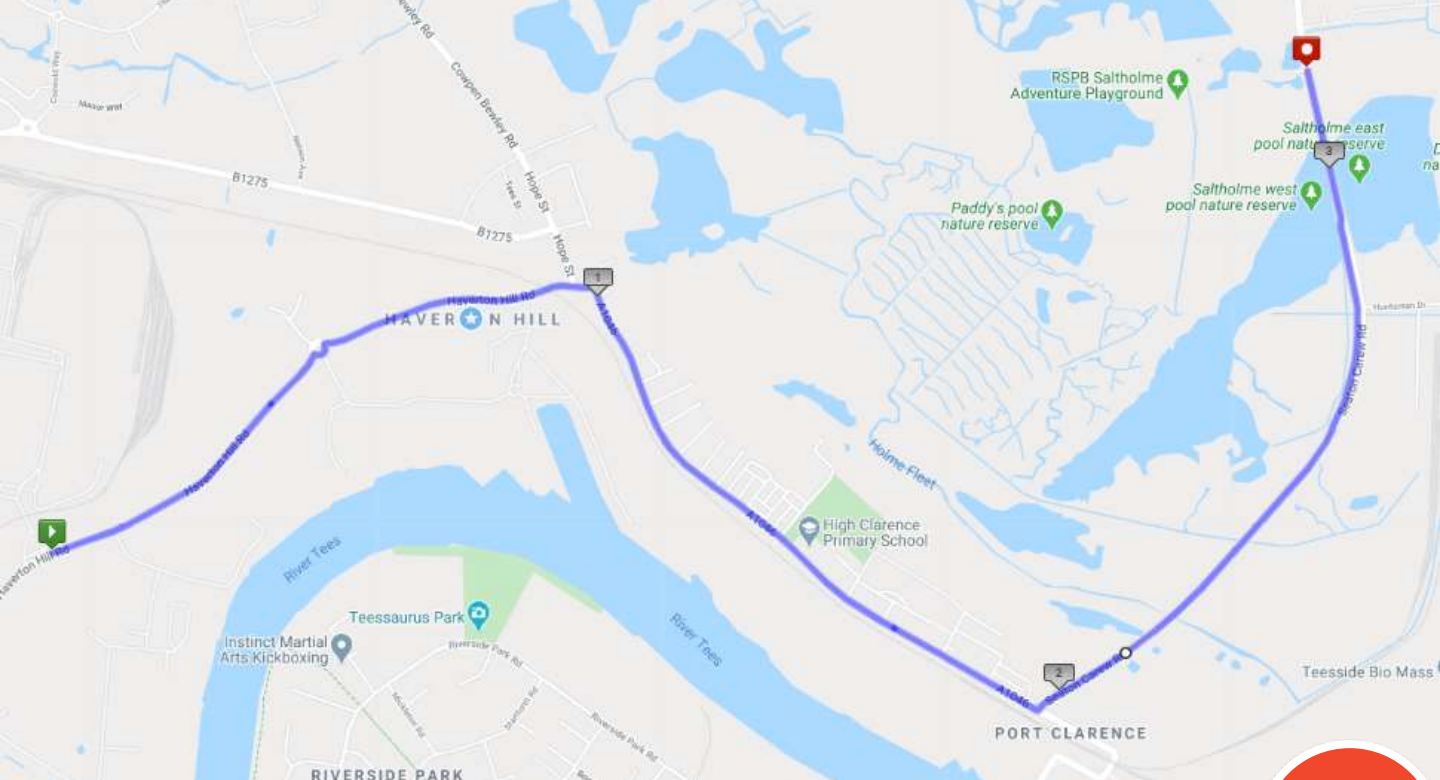


Stage 1 – Middlesbrough to Haverton Hill

4

- 0.0 – Leave the car park, turn left and go straight on (2nd exit) at the roundabout
- 0.2 – Turn right (2nd exit) at the roundabout, then immediately veer left down the path and turn left through the subway under the railway
- 0.3 – Leave the subway and turn right on Cargo Fleet Road and head through the next subway under the A66
- 0.5 – Turn right out of the subway joining Cargo Fleet Road passing McDonalds on your left
- 0.6 - Cross straight over Marton Road into the pedestrianised Corporation Road
- 0.8 – Cross over Albert Road by the Town Hall and carry on through the pedestrianised walkway alongside the Cleveland Centre
- 1.2 – At the lights after the bus station, veer left onto Newport Road and go straight over the next lights passing Aldi
- 1.9 – At the roundabout with the A66 take the 3rd exit over the Newport Bridge
- 2.9 – At the roundabout, follow the right hand pavement round to the right joining the A1046 Haverton Hill Road
- 3.4 – Pass under over head girders
- 3.7 – Handover in car park on the bend on the left





Stage 2 – Haverton Hill to Saltholme Reservoir

5



- 0.0 – Continue along Haverton Hill Road
- 0.5 – Straight on (2nd exit) at the roundabout
- 1.0 – Pass under the railway and go straight through the lights following the road round to the right
- 2.0 – Turn left on Seaton Carew Road heading towards Seaton Carew

Care needed as for a few miles there are no pavements / paths. Hi Viz tabards must be worn

- 2.8 - Start to cross the reservoir
- 3.2 – Handover at the entrance to the Wildlife Reserve on the left



- 0.0 – Continue north towards Hartlepool.

Intermittent pavements early on so car needed

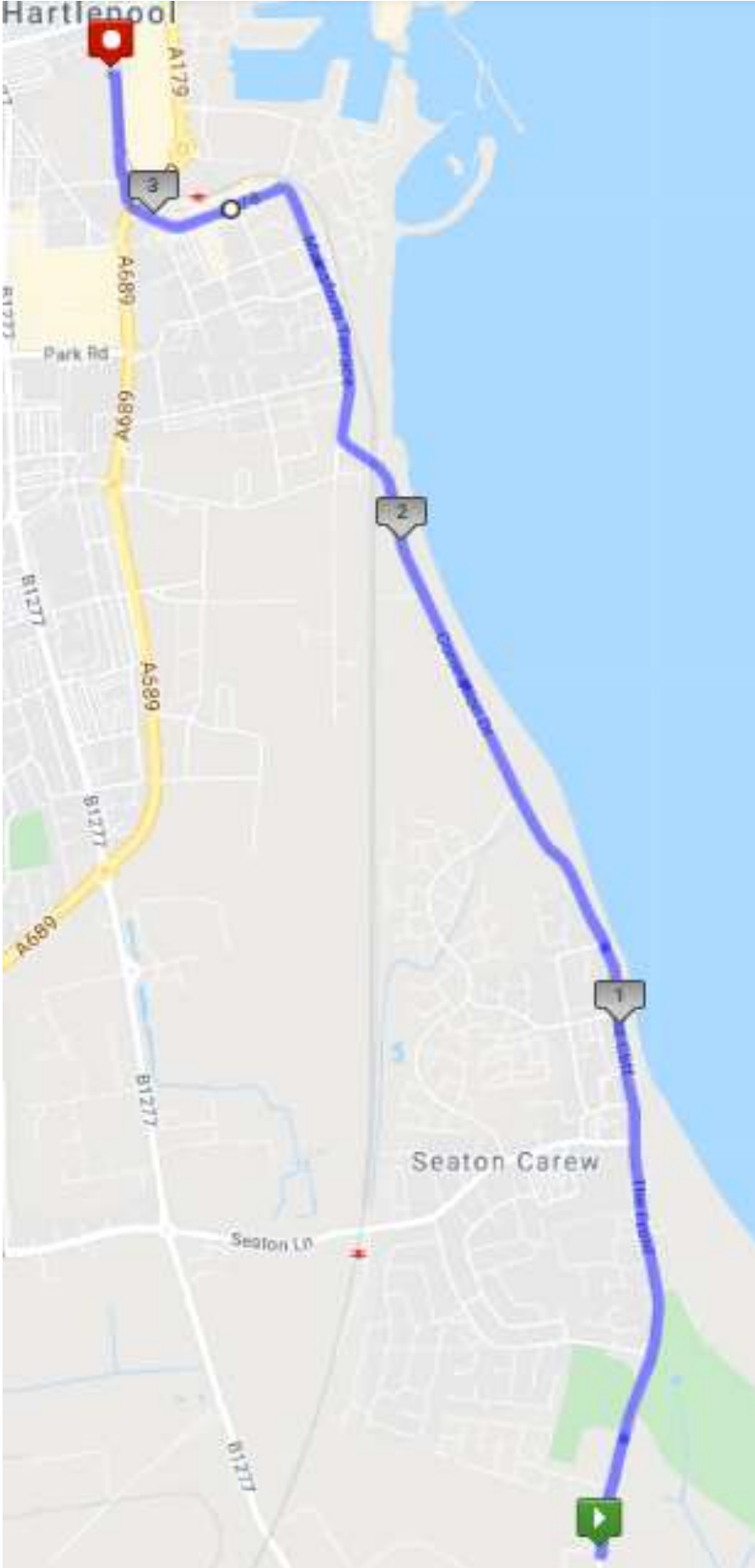
- 0.3 – Straight on (2nd exit) at the roundabout – use pavement on the right.
- 0.5 – Take the path of to the right and then follow the path alongside the road heading north
- 1.5 – Leave the path and head north on the path over the bridge over Greatham Creek
- 1.6 – After the creek, cross the verge on the right to the relief path and follow it north till it merges back to the road

Care needed – no pavements for a while though wide verges exist

- 3.0 – Straight on (2nd exit) at the roundabout.
- 3.8 - Handover at the 5-a-side complex on the left



Stage 3 – Saltholme Reservoir to Seaton Carew

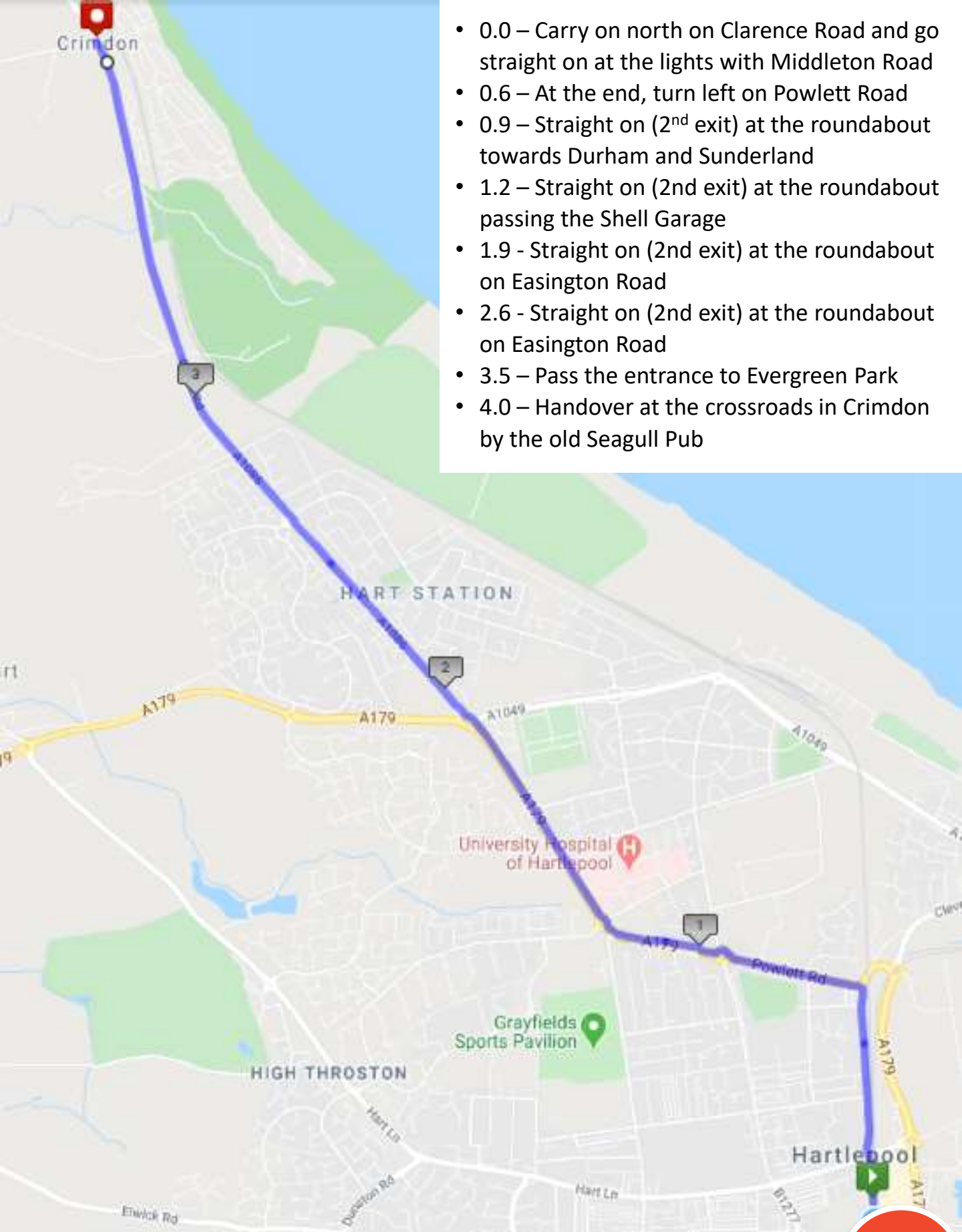


- 0.0 – Carry on north towards Hartlepool
- 0.7 – Pass the Marine Hotel on the left
- 2.1 – Cross over the railway line
- 2.7 – Follow the road round to the left at the lights passing the Royal pub on your right
- 2.9 – At the roundabout with the church on it, keep right and go straight on at the lights with Stockton Street
- 3.1 – Straight on (2nd exit) on Clarence Road
- 3.3 – Arrive at Hartlepool United FC



Stage 4 – Seaton Carew to Hartlepool United FC

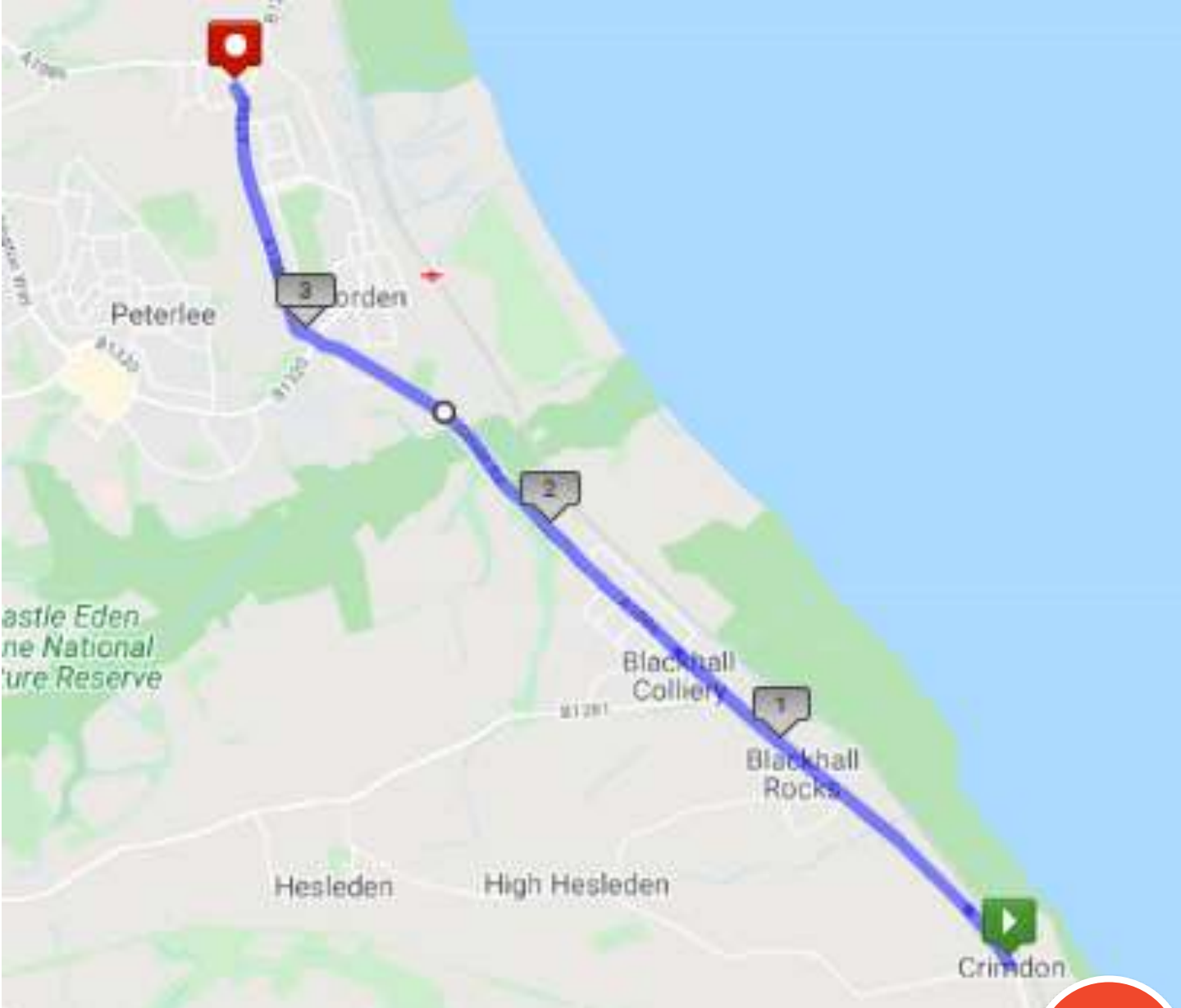




- 0.0 – Carry on north on Clarence Road and go straight on at the lights with Middleton Road
- 0.6 – At the end, turn left on Powlett Road
- 0.9 – Straight on (2nd exit) at the roundabout towards Durham and Sunderland
- 1.2 – Straight on (2nd exit) at the roundabout passing the Shell Garage
- 1.9 - Straight on (2nd exit) at the roundabout on Easington Road
- 2.6 - Straight on (2nd exit) at the roundabout on Easington Road
- 3.5 – Pass the entrance to Evergreen Park
- 4.0 – Handover at the crossroads in Crimdon by the old Seagull Pub

Stage 5 – Hartlepool United FC to Crimdon

8



Stage 6 – Crimdon to Peterlee

9



- 0.0 – Continue north on Easington Road
- 1.2 – Pass the Texaco Garage in Blackhall Colliery
- 2.1 – Pass the steps on the right
- 2.9 – Pass the Methodist Church in Horden
- 3.8 – Turn left on Thorpe Road after the mini market and handover at the junction with Thorpe Crescent



Steps for Stephen





- 0.0 – Carry on along Thorpe Road
- 0.1 – At the end, turn right and immediately left on Thorpe Road
- 1.1 - Straight on (2nd exit) at the roundabout on Easington Road
- 1.6 – At the end, turn left and then take the next right passing the Village Inn
- 2.8 – Straight over the crossroad with West Lane
- 3.7 – Pass through the bridge under the highway
- 4.0 – Handover at the turning for the retail park on the left

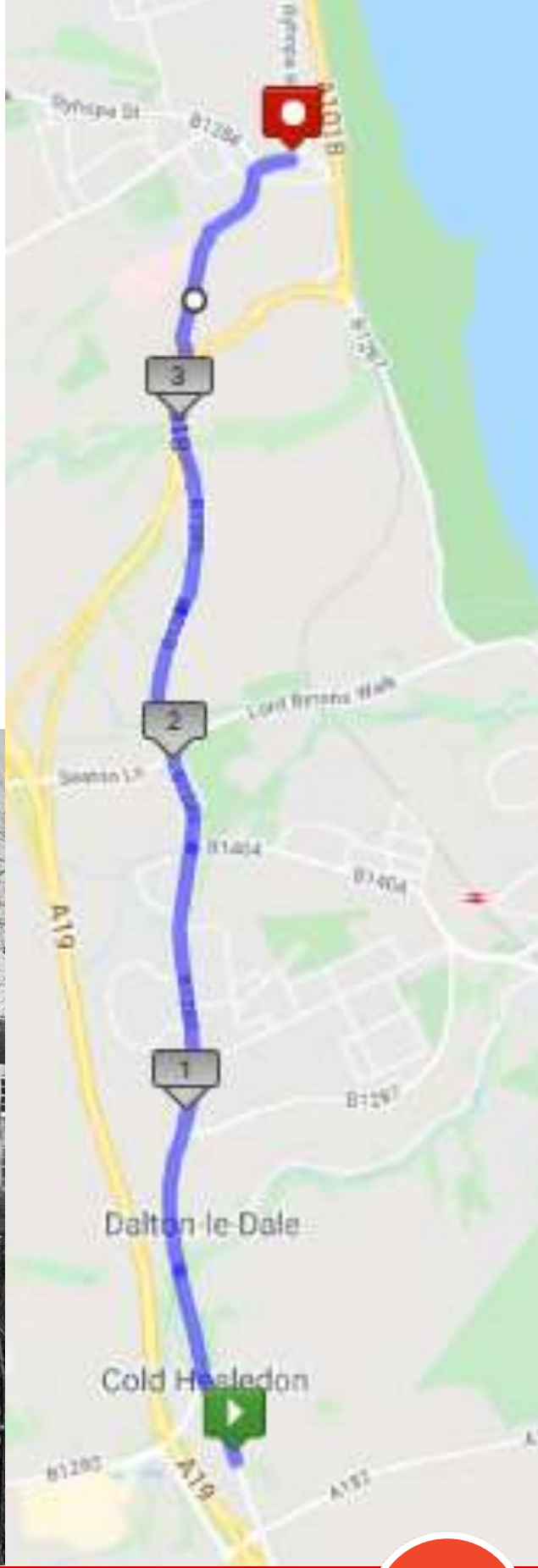
Stage 7 – Peterlee to Cold Hesledon

10

Steps for Stephen



- 0.0 – Carry on northwards along Stockton Road
- 0.3 – At the junction, turn right on the B1285
- 1.0 – Straight on (2nd exit) at the roundabout
- 1.7 – Straight on (1st exit) at the mini roundabout
- 2.0 – Straight on at the lights by the Seaton Motor Company
- 2.8 – Just before the roundabout, fork right on the path set back from the road.
- 3.0 – Pass under the railway bridge
- 3.2 - Straight on (2nd exit) at the roundabout on to Stockton Road
- 3.5 - Straight on (2nd exit) at the roundabout on to Stockton Road
- 3.8 – Follow the road round to the right
- 3.9 – Handover at the turning for The Village by the monument on the right



Stage 8 – Cold Hesledon to Sunderland FC

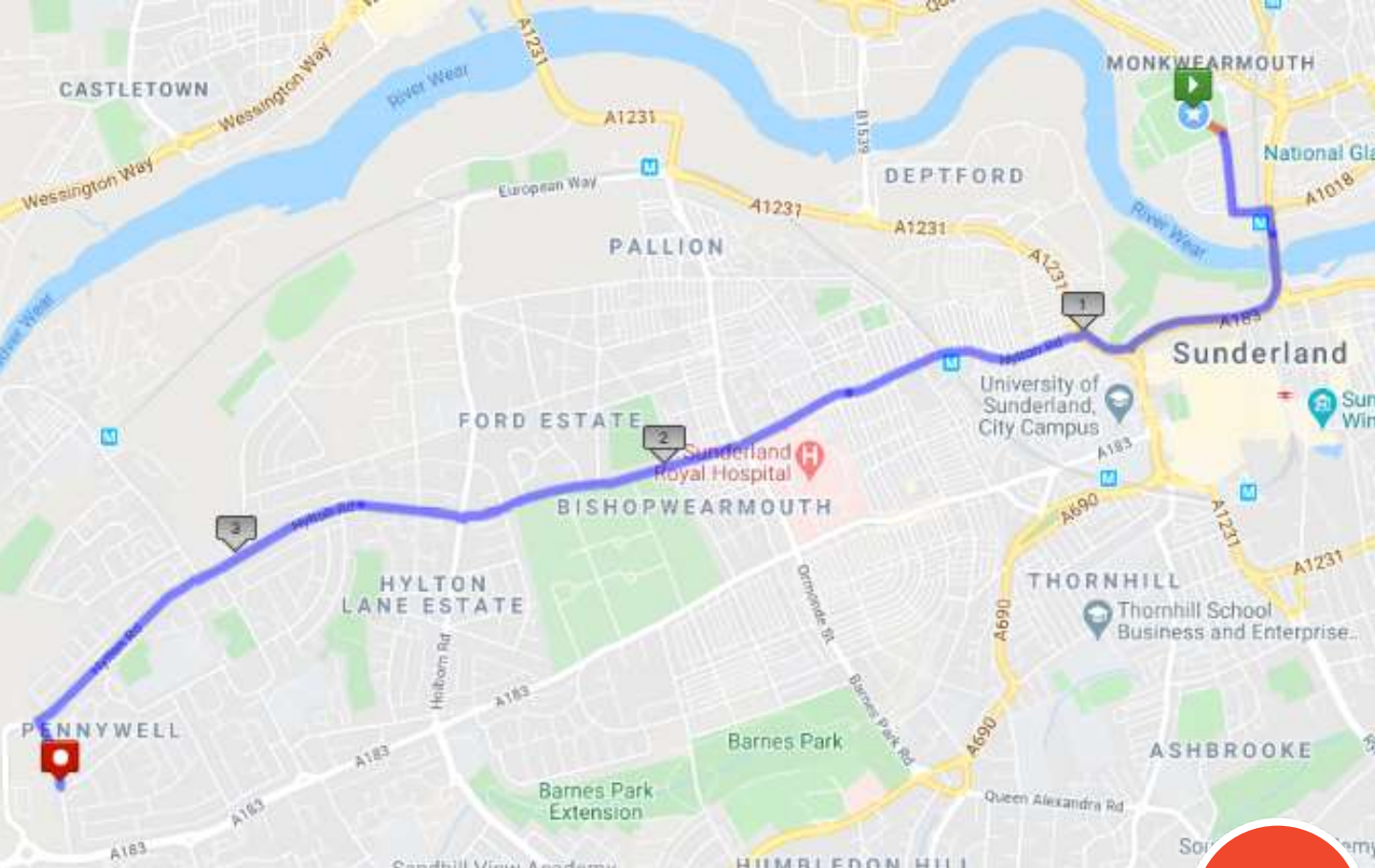




- 0.0 – Carry on along Ryhope Road past the War Memorial and follow the road round to the left
- 0.6 – Straight on at the lights passing B&Ms
- 1.2 – Straight on through the lights with Ocean Road and then go straight on (3rd exit) on Windsor Terrace
- 2.0 – Straight on at the lights by Ashborne Lodge and head up Ryhope Road past Backhouse Park
- 2.2 – Straight through the lights by Ashbrooke Hall and keep right as the road forks heading up Douro Terrace
- 2.3 – Straight on at the lights with Park road heading up Burdon Road
- 2.7 – Straight over the lights by the Museum and Winter Garden onto Fawcett Street
- 3.0 – Straight on (2nd exit) at the roundabout heading over the Wear Bridge
- 3.2 – Immediately after the Metro station, turn left under the railway onto Sheepfolds North
- 3.3 – Take the first right on Hay Street
- 3.5 – At the end, go straight ahead across the car park and arrive at the Stadium of Light.



Stage 9 – Ryhope to Sunderland AFC



Stage 10 – Sunderland AFC to Pennywell

13

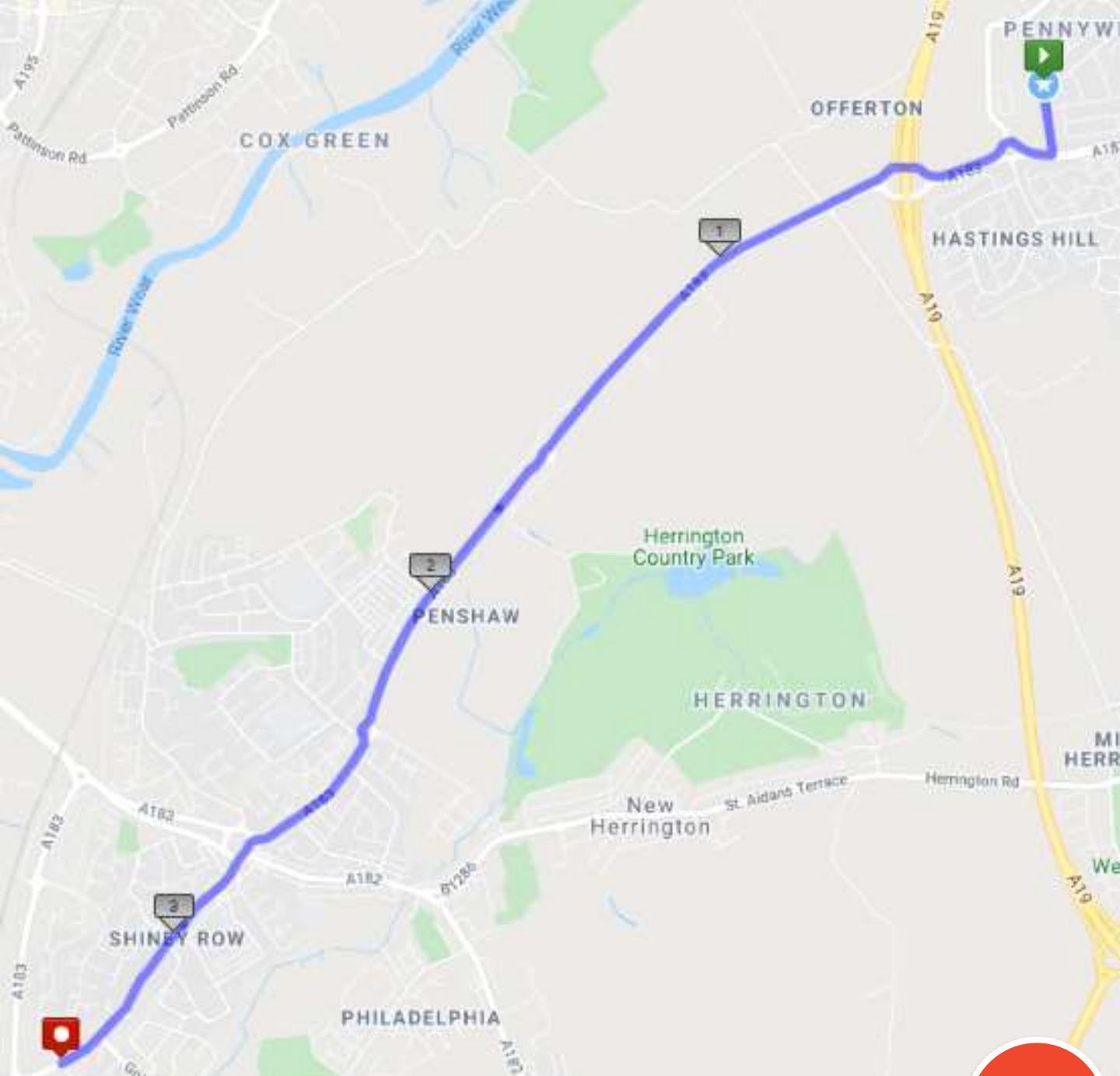


- 0.0 - Leave the car park and head back down Hay Street
- 0.2 – Turn left on Sheepfolds North and after passing under the railway, turn right heading over the Wear Bridge
- 0.5 – Turn right (3rd exit) at the roundabout heading along the A183
- 0.9 – Turn right (2nd exit) at the roundabout onto the A1231
- 1.0 – Veer left (2nd exit) at the roundabout onto Hylton Road
- 1.3 – Pass the Metro station
- 1.9 – Straight over the lights after the hospital onto Whitehall Terrace
- 2.5 – Straight on (2nd exit) at the roundabout onto Hylton Road
- 3.1 – Straight on (1st exit) at the roundabout towards Chester-Le-Street
- 3.6 – Just before the houses end, turn left on Prestbury Road
- 3.7 – Handover at the junction with Presthope Road



Steps for Stephen

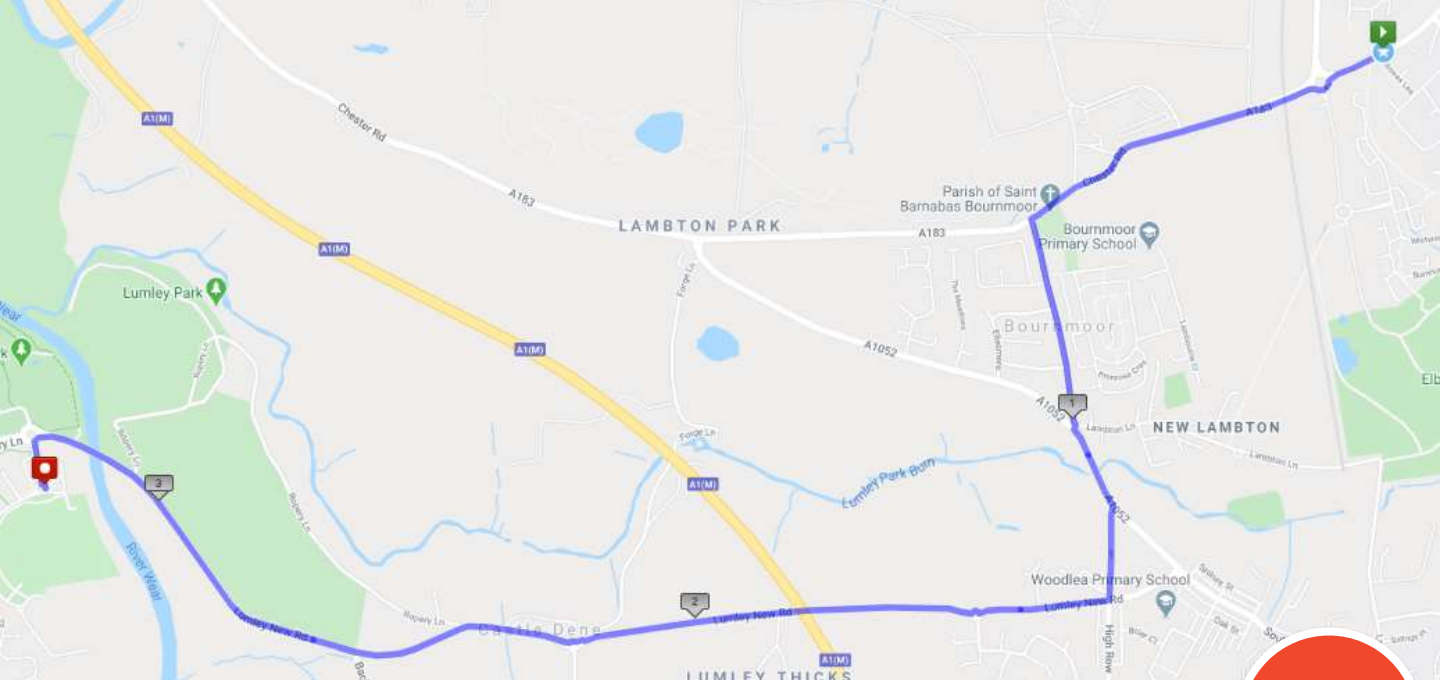




Stage 11 – Pennywell to Shiny Row

- 0.0 – Carry on down Prestbury Road
- 0.1 – At the end, turn right at the end
- 0.2 – Straight on (2nd exit) at the roundabout
- 0.3 - Straight on (2nd exit) at the roundabout over the A19
- 1.6 - Straight on (2nd exit) at the roundabout
- 2.4 - Straight on (2nd exit) at the roundabout
- 2.8 – Veer left (2nd exit) at the roundabout onto Chester Road signposted to Local Traffic only
- 3.4 – Handover with the junction with Bowes Lea





Stage 12 – Shiny Row to Durham CCC

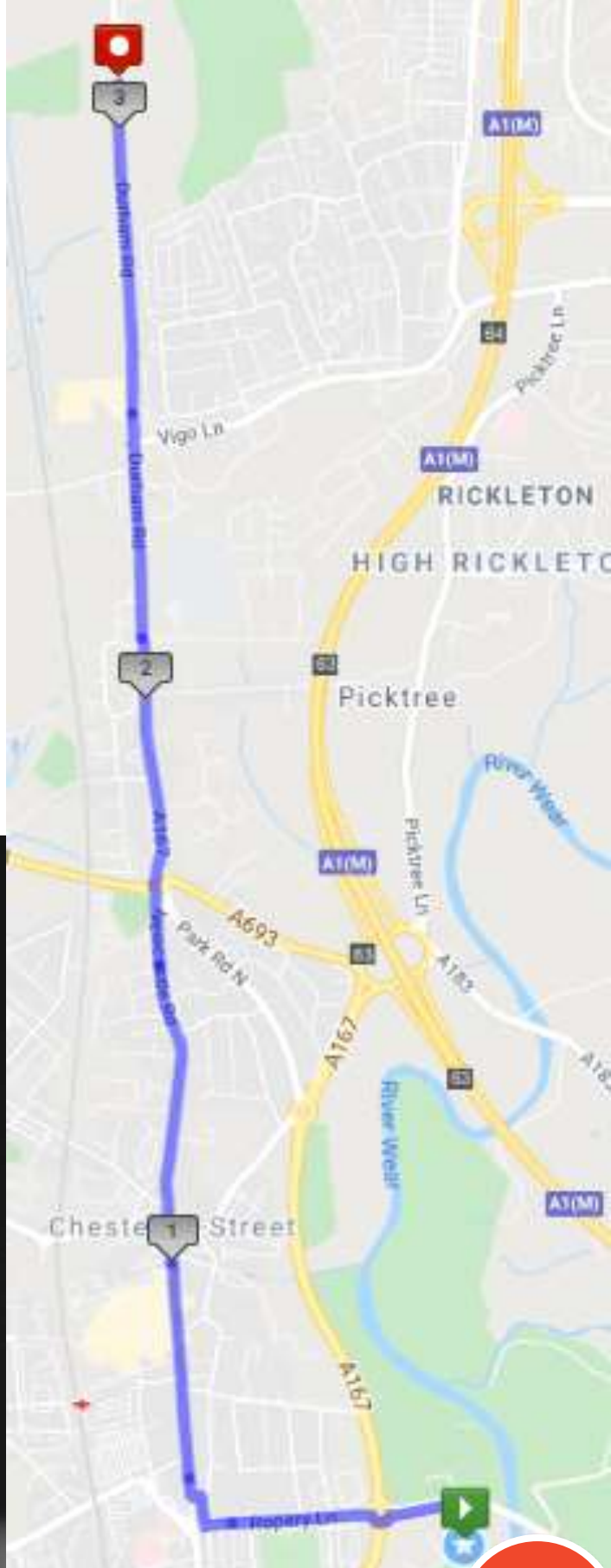
15



- 0.0 – Carry on along Chester Road
- 0.1 – Straight on (2nd exit) at the roundabout towards Chester-Le-Street
- 0.7 – After St Barnabas Church, turn left on Rose Crescent
- 1.0 – Straight on (2nd exit) at the roundabout onto the A1052
- 1.2 – Fork right of the main road (no through road for vehicles)
- 1.3 – At the end, turn right on Lumley New Road
- 1.5 - Straight on (2nd exit) at the roundabout
- 1.8 – Cross over the A1(M)
- 2.2 - Straight on (2nd exit) at the roundabout towards Chester-Le-Street passing the sign for Castle Dene
- 2.6 – Pass the turning for Great Lumley
- 3.1 – Cross over the River Wear
- 3.3 – Turn left (1st exit) at the roundabout and arrive at Emirates Riverside



- 0.0 – Leave the stadium complex and turn left (1st exit) at the roundabout onto Ropery Lane
- 0.2 – Straight on (2nd exit) at the roundabout staying on Ropery Lane
- 0.5 – At the roundabout, turn right (4th exit) onto Front Street and head through the shopping thoroughfare of Chester-Le-Street (No thru road for vehicles)
- 1.0 – Straight across the lights by the church then straight on (2nd exit) at the roundabout up Newcastle Road towards Birtley
- 1.7 – Straight on (2nd exit) onto North Road towards Birtley
- 2.4 – Straight on (1st exit) at the roundabout towards Birtley
- 3.1 – Handover after Enterprise Rent A Car on the left



Stage 13 – Durham CCC to Birtley





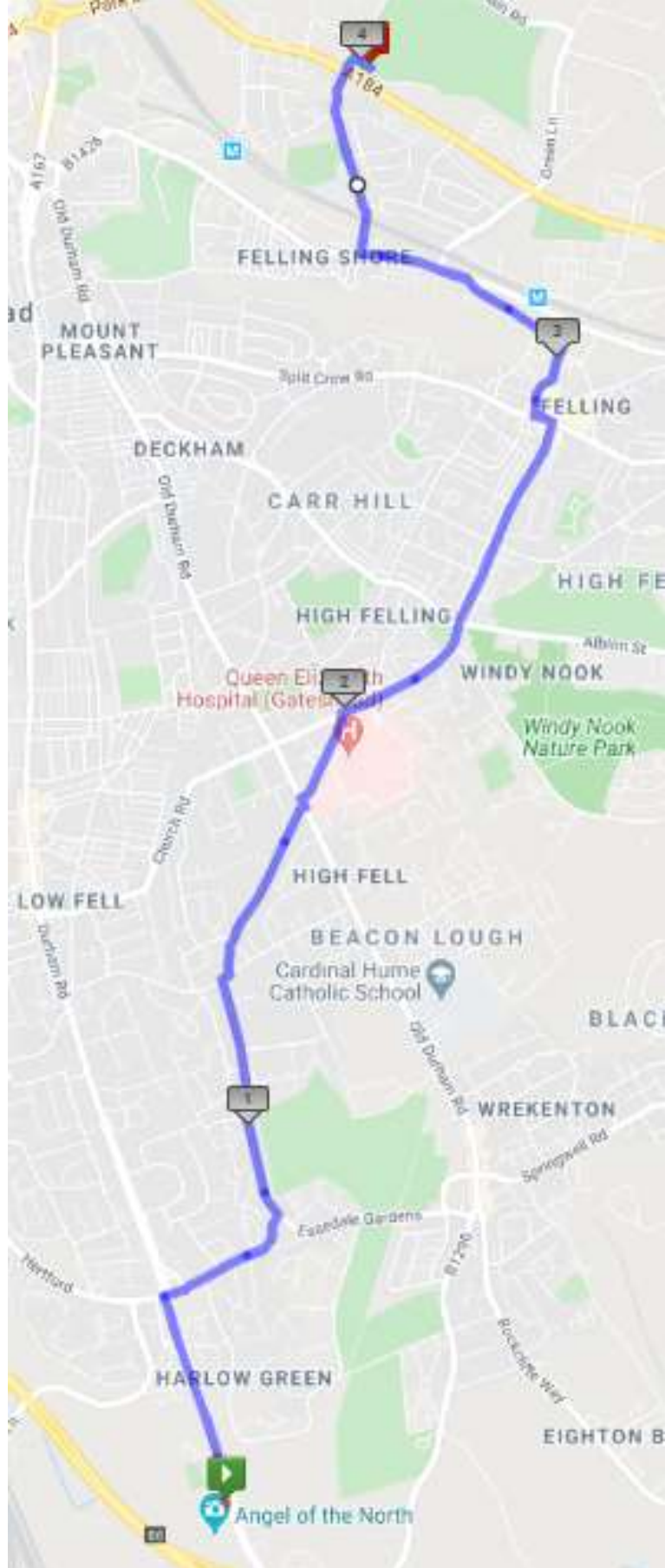
- 0.0 – Continue north on Durham Road
- 0.5 – Straight on at the lights in Birtley by JFS Torbitt
- 1.2 – Pass the Coach and Horses pub
- 1.5 – Approaching the roundabout, follow the right and pavement and take the path behind the hedge
- 1.6 – On arriving at the roundabout, follow the pavement clockwise around the roundabout under the A1(M)
- 1.7 – After passing under the motorway, take the first exit towards Newcastle
- 2.1 – Handover at the Angel of the North



Stage 14 – Birtley to the Angel of the North



- 0.0 – Carry on north on Durham Road
- 0.4 – Fork left down the slip road to Harlow Green
- 0.5 – At the bottom, turn right under the highway along Harlow Green Lane
- 0.8 – Turn left (1st exit) at the roundabout on Easedale Gardens
- 1.3 – At the end, turn right on Beacon Lough Road and turn immediately left on Southend Road
- 1.8 – At the end, turn left on Old Durham Road and immediately right on Queen Elizabeth Avenue by the hospital
- 2.0 – At the end, turn right on Windy Nook Road
- 2.7 – Turn left on Falla Park road before the bungalows
- 2.8 – Take the first right on Tarlton Crescent
- 2.9 – At the end, go straight across onto Wellington Court
- 3.0 – At the end, turn right on Wellington Street
- 3.1 – At the end, turn left on Felling Gate
- 3.3 – At the bottom, turn left on Sunderland Road
- 3.5 – At the lights, turn right on Churchill Street and pass under the railway
- 3.6 – Straight on (1st exit) at the mini roundabout
- 3.9 – Cross over the lights into Neilson Road
- 4.0 – Turn right into Gateshead Stadium



Stage 15 – Angel of the North to Gateshead Stadium





Stage 16 – Gateshead Stadium to Newcastle United FC

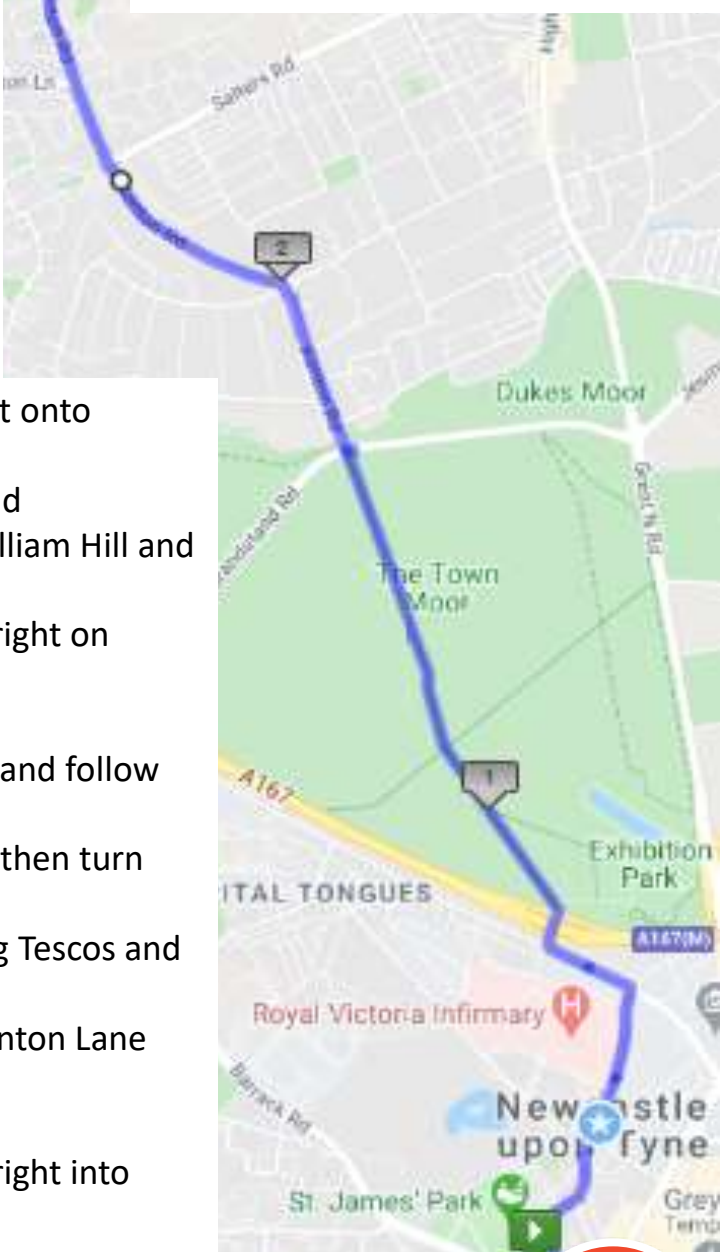
- 0.0 – Leave the car park and turn right on Neilson Road
- 0.1 – Turn left on Stadium Road
- 0.2 – As the road turns left, go through the barriers and turn right up alongside the factory
- 0.3 – At the end, turn left on Saltmeadows Road
- 0.6 – Turn right on South Row before the MOT Centre and then turn left on South Shore Road at the bottom
- 0.7 – At the end, turn right on Deptford Road and follow it round to the left
- 1.1 – Turn right then cross over the Millennium Bridge
- 1.3 – At the end of the bridge, turn left along the river passing under the Tyne Bridge
- 1.7 – After the bridge, turn right up Sandhill and immediately right up Sandhill
- 1.8 – Fork left (1st exit) at the roundabout under the railway heading up Side
- 1.9 – At the top, turn right on St Nicholas Street then go straight across the light by Subway
- 2.3 – Turn left on St Andrew’s Street after the Premier Inn
- 2.4 – At the junction veer right under the Chinatown arch and then cross straight over Gallowgate into St Andrew’s Street, crossing the car park at the top to St James’s Park





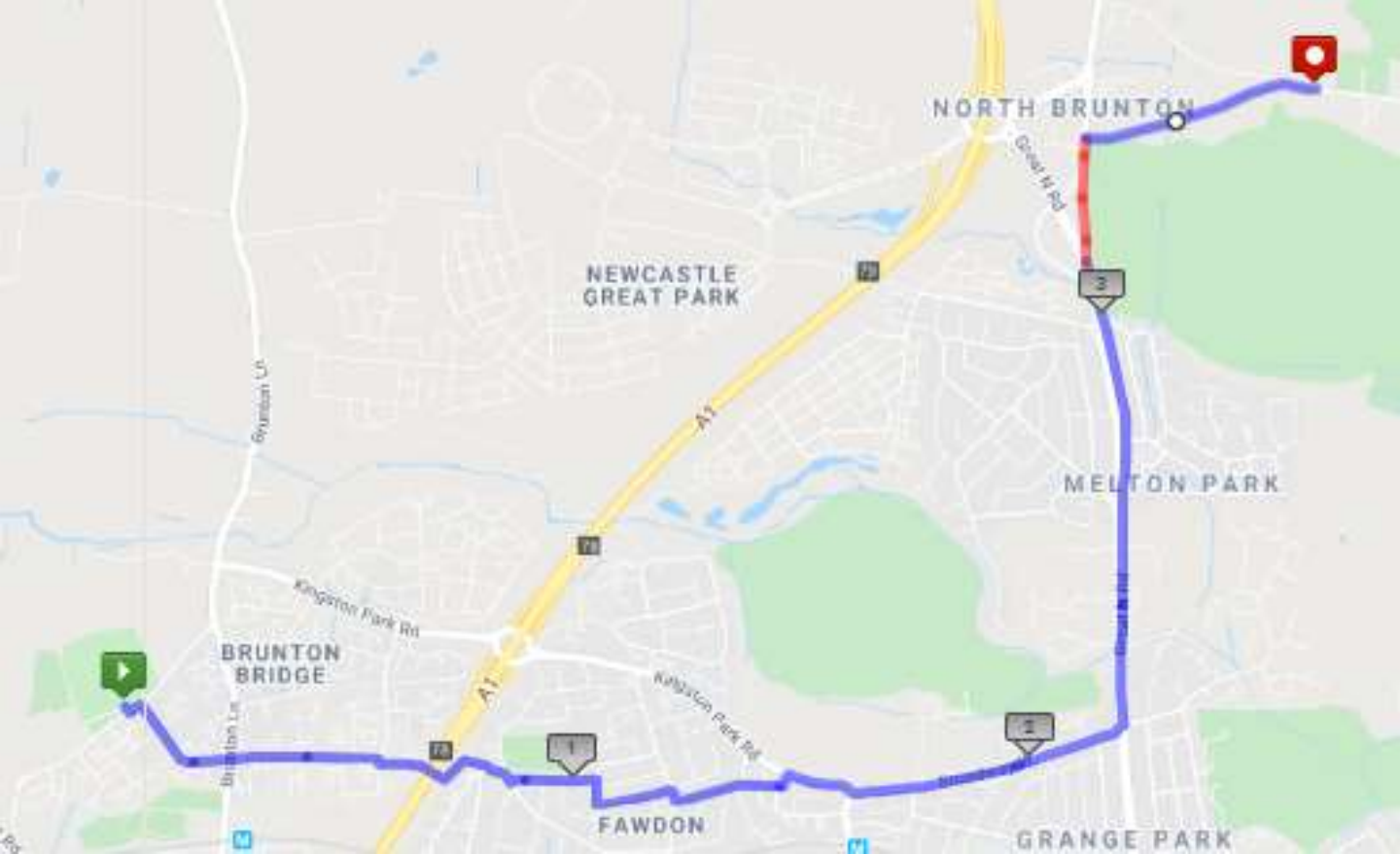
- 0.0 – Head east along the front of the ground then turn left up the steps alongside the ground
- 0.1 – Halfway along the ground, turn right along Terrace Place
- 0.2 – Fork right (2nd exit) passing the hospital on your left
- 0.6 – Turn left (1st exit) at the roundabout onto Claremont Road
- 0.8 – Turn right (4th exit) at the roundabout and head across the bridge over the A167

- 0.9 – At the end of the bridge, enter the park and fork immediately left on the path straight across the park
- 1.7 – At the other side of the park, cross Grandstand Road and head up Kenton Road
- 2.0 – At the roundabout, veer left (2nd exit) onto Kenton Road



- 2.4 – Straight on (2nd exit) at the roundabout onto Kenton Road
- 2.6 – Straight on at the lights on Kenton Road
- 2.8 – Turn left on Carrfield Road passing William Hill and take the first left on Shrigley Gardens
- 3.0 – At the end, turn left and immediately right on Hillsview Avenue
- 3.6 – Turn light on Redland Avenue
- 3.7 – Turn left as the road turns to the right and follow the footpath at the end
- 3.8 – Turn right at the junction in paths and then turn left over the footbridge
- 3.9 – Veer left at the end of the path passing Tescos and head diagonally across the car park
- 4.0 - Leave the car park turning right on Brunton Lane crossing the railway
- 4.3 – At the lights turn left on Windsor Way
- 4.5 – At the end, turn left and immediately right into Kingston Park stadium

Stage 17 – Newcastle United FC to Newcastle Falcons

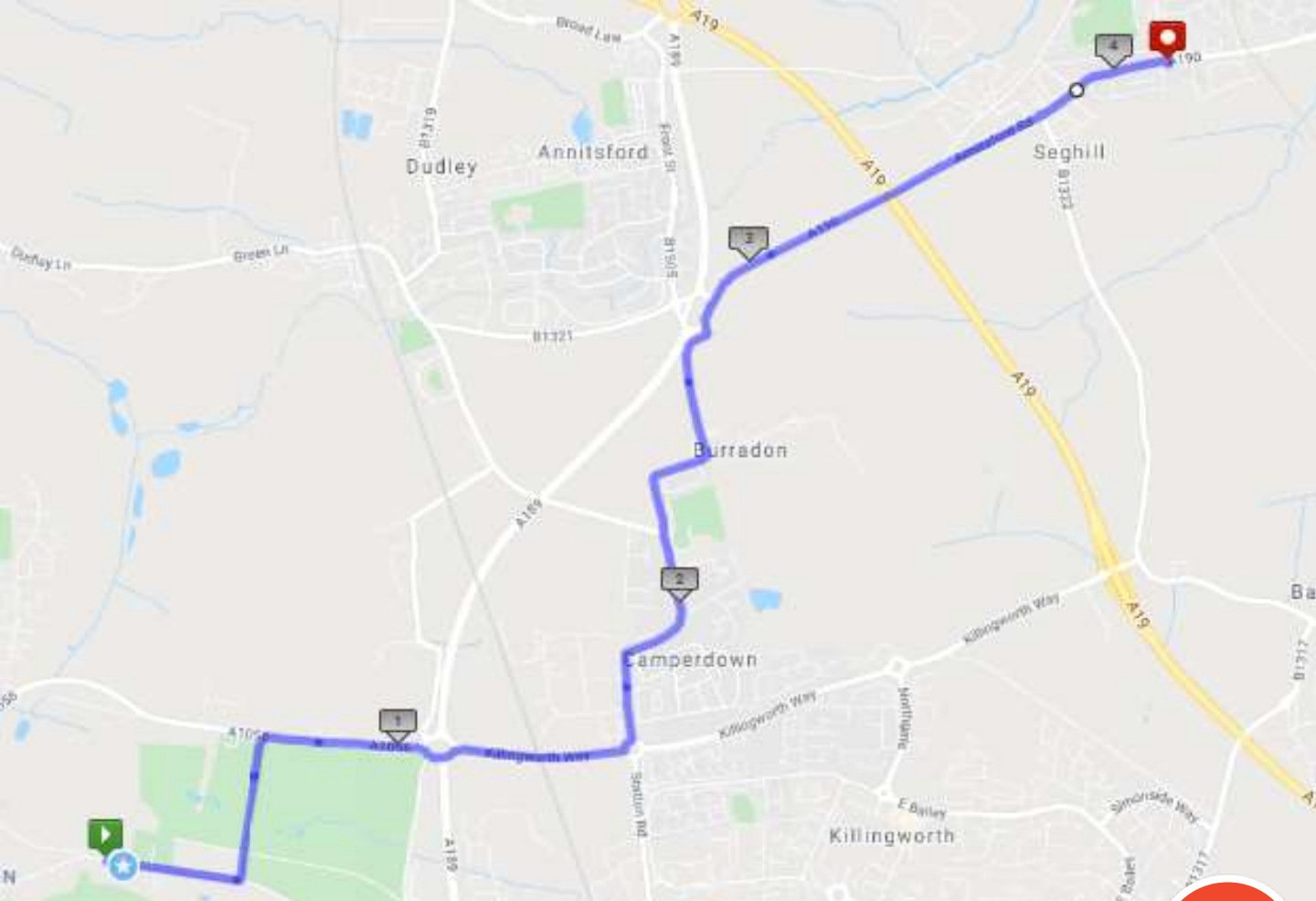


Stage 18 – Newcastle Falcons to Newcastle Racecourse

21

- 0.0 – turn left out of the ground and immediately right on Windsor Way
- 0.5 – As the road bends left, turn right on Pembroke Court and immediately left on Warwick Court and at the end, take the footpath and footbridge over the A1
- 0.7 – After the bridge, take the left hand path and follow it round to the right
- 0.8 – Turn left at the end of the path, then right on Fawdon Park Road and immediately left through the bollards onto Dykefield Avenue
- 1.0 – At the end, turn right on Strathearn Way and take the second on the left onto Elm Grove
- 1.2 – Turn right (3rd exit) at the mini roundabout then immediately take the footpath to the left after the shop
- 1.3 – At the end of the path go straight on along Aln Crescent
- 1.5 – At the end, veer right on Kingston Park Road
- 1.6 – Veer left (1st exit) at the roundabout towards Gosforth
- 2.2 – Turn left (1st exit) onto the Great North Road and cross to the right hand pavement
- 2.6 – Straight on (2nd exit) at the roundabout staying on the Great North Road
- 3.1 – Fork right up the slip road
- 3.4 – Turn right into the Racecourse
- 3.8 – Handover in car park opposite the race course





Stage 19 – Newcastle Racecourse to Seghill

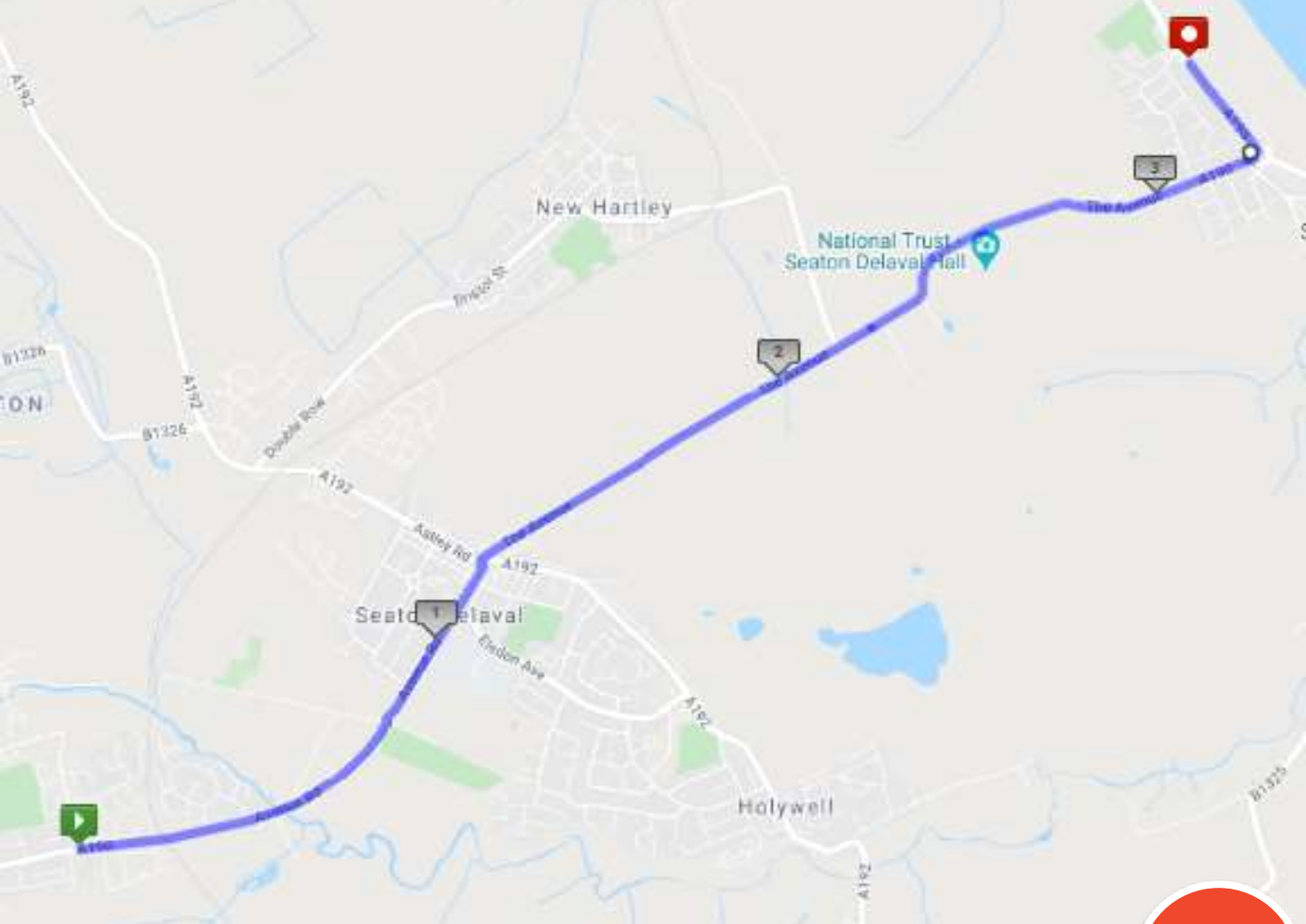
22

- 0.0 – Carry on along the Racecourse road
- 0.3 – Turn left up the footpath on the left before the overflow car park
- 0.7 – At the end of the path turn right on the A1056
- 1.0 – Straight on (3rd exit) at the roundabout onto Killingworth Way
- 1.6 – Turn left (1st exit) at the roundabout onto Station Road then go straight on (2nd exit) on Station Road
- 2.8 – At the roundabout, turn right (last turning) along the A190 swapping to the left hand pavement on exit from the roundabout
- 3.4 – Pass under the A19
- 3.8 – Straight on (1st exit) at the roundabout onto Main Street
- 4.1 – Handover by the Blake Arms on the left



Steps for Stephen





Stage 20 – Seghill to Seaton Sluice

23

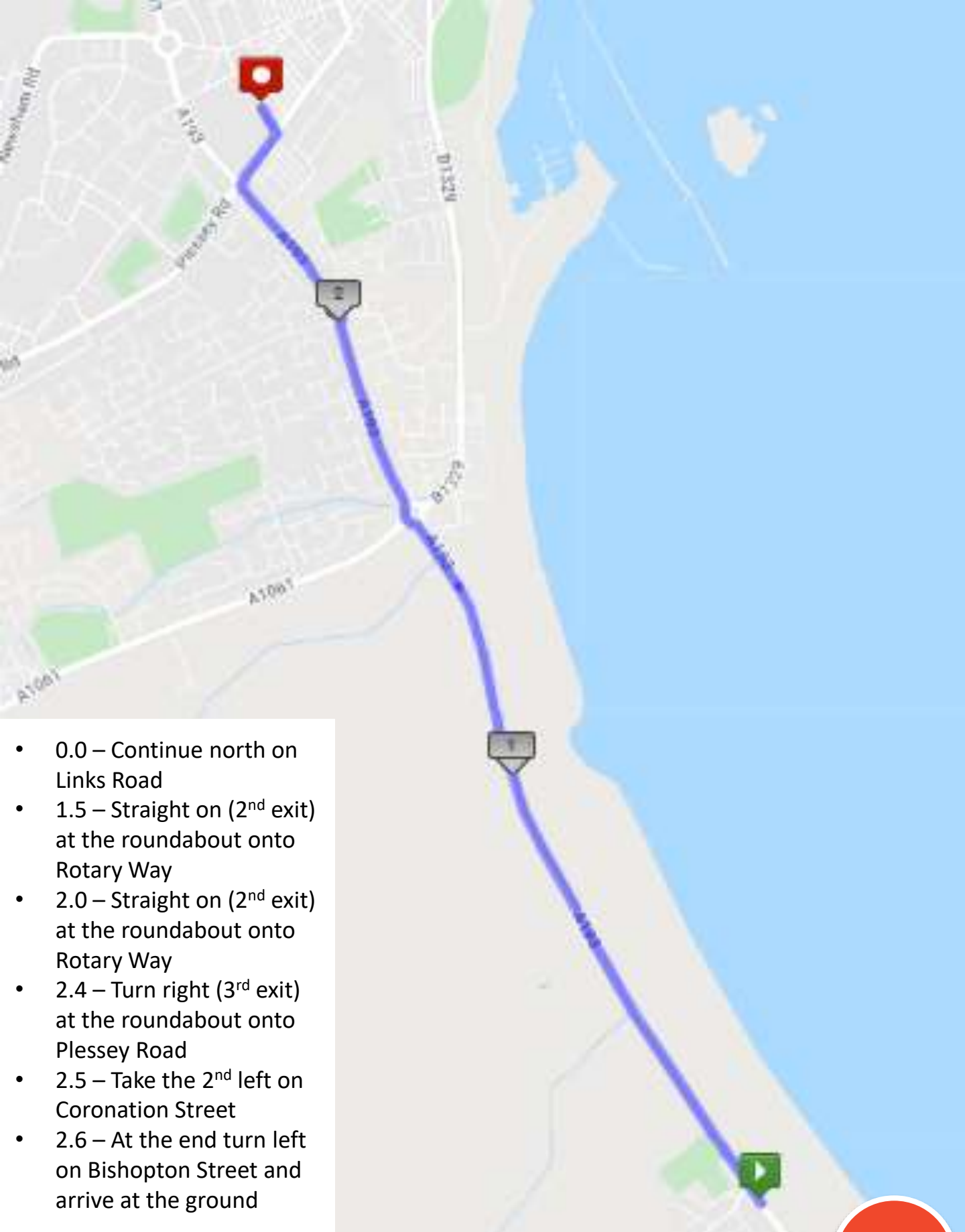


- 0.0 – Carry on along Station Road
- 0.7 – Straight on (2nd exit) at the roundabout along the A190
- 1.2 – Straight on (2nd exit) at the clock tower roundabout in Seaton Delaval staying on the A190
- 3.2 – Turn left (1st exit) at the roundabout in Seaton Sluice
- 3.5 – Handover in the car park on the right



Steps for Stephen





- 0.0 – Continue north on Links Road
- 1.5 – Straight on (2nd exit) at the roundabout onto Rotary Way
- 2.0 – Straight on (2nd exit) at the roundabout onto Rotary Way
- 2.4 – Turn right (3rd exit) at the roundabout onto Plessey Road
- 2.5 – Take the 2nd left on Coronation Street
- 2.6 – At the end turn left on Bishopton Street and arrive at the ground

Stage 21 – Seaton Sluice to Blyth Spartans FC

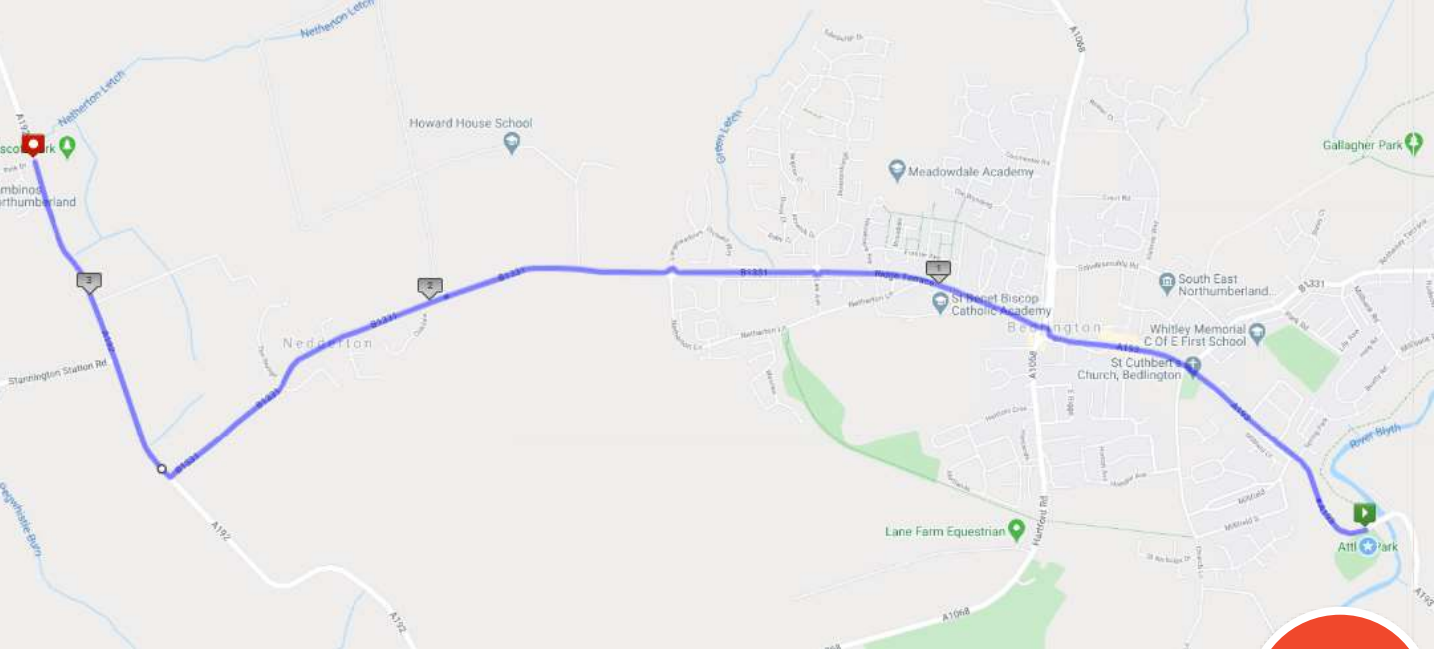




Stage 22 – Blyth Spartans FC to Attlee Park

- 0.0 – Leave the car park through the northern exit and at the end of the path, head straight over Kingsway into Cypress Gardens
- 0.1 – At the end, turn left into Jubilee Road
- 0.2 – Veer right (3rd exit) at the roundabout onto Renwick Road
- 0.3 – Straight on (1st exit) at the roundabout staying on Renwick Road
- 0.6 – Veer right (2nd exit) at the roundabout passing B&Ms
- 0.8 – Turn left into Walton Avenue and immediately right into Cowpen Road following it round to the left
- 1.0 – At the end turn right on Temple Avenue and immediately left on Cowpen Road
- 2.2 – Straight on (2nd exit) at the roundabout passing Asda
- 2.3 – Straight on (2nd exit) at the roundabout over the A189
- 3.2 – At the end, turn right on Horton Road
- 3.7 – Handover in the car park on the left on the bend

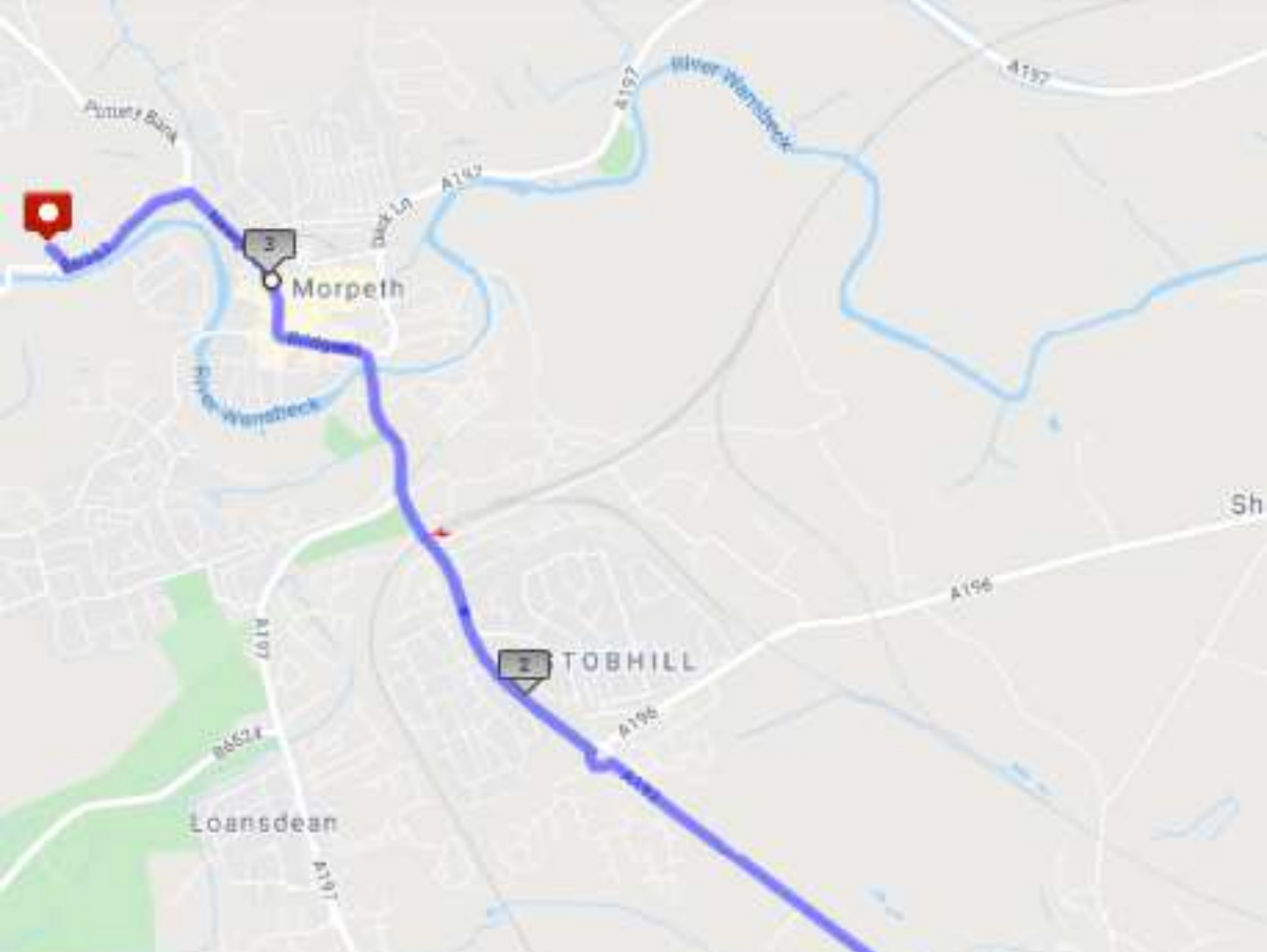




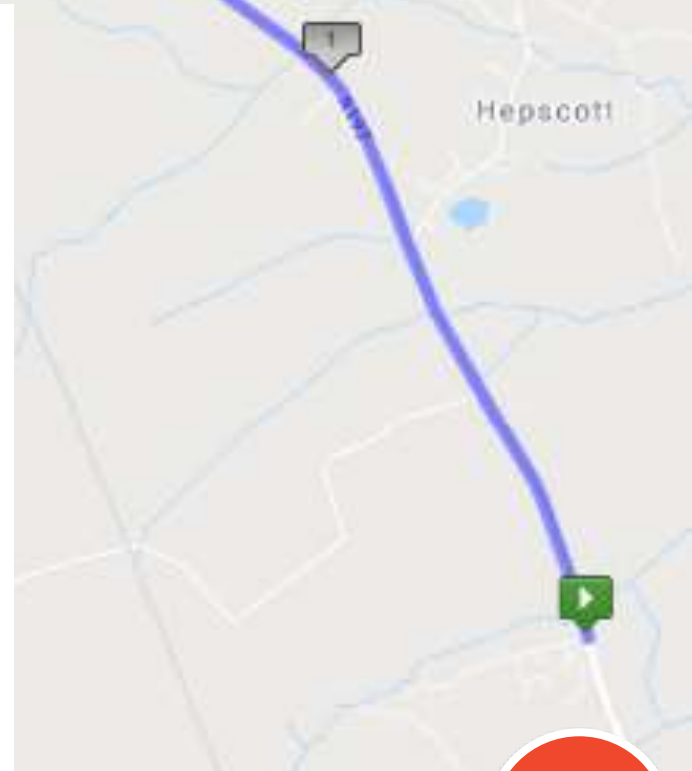
Stage 23 – Attlee Park to Nedderton

- 0.0 – Continue north on Horton Road
- 0.6 – Pass the monument in Bedlington
- 0.8 – Straight on (2nd exit) at the roundabout in Bedlington by the Red Lion pub
- 1.3 – Straight on (1st exit) at the roundabout
- 2.6 – Turn right by the Esso Garage heading for Morpeth
- 3.3 – Handover at the junction with Park Drive on the left





- 0.0 – Carry on North towards Morpeth
- 1.8 – Straight on (2nd exit) at the roundabout
- 2.1 – Pass Sainsbury’s Local
- 2.4 – Pass under the railway
- 2.5 – Straight on (2nd exit) at the roundabout towards Morpeth
- 2.8 – Cross over the river and turn left (1st exit) at the mini roundabout heading through the town on Bridge Street
- 2.9 – Turn right (3rd exit) at the roundabout by the clock tower heading up Newgate Street
- 3.2 – Turn left down Dogger Bank following signs to Cambo
- 3.5 – Turn right into Morpeth Rugby Club



Stage 24 – Nedderton to Morpeth RFC

