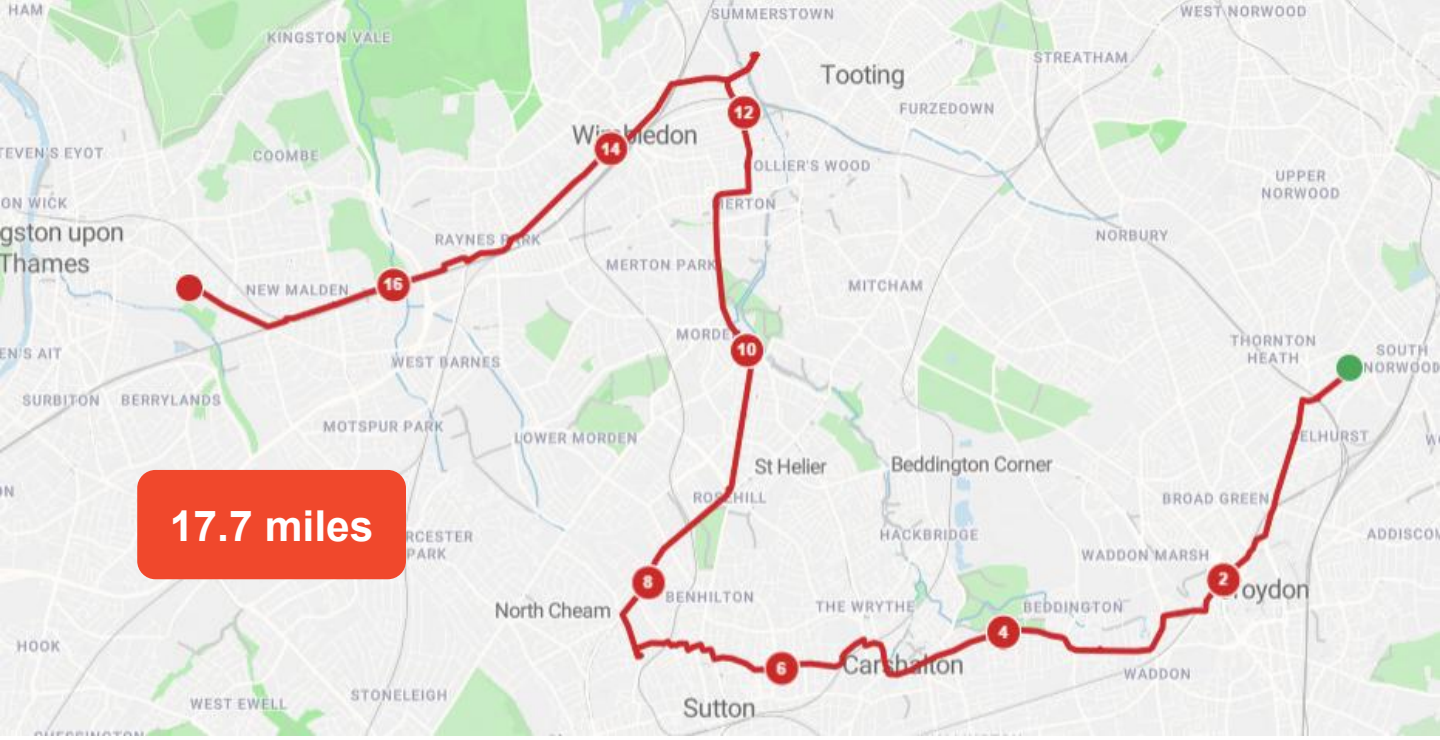


STAGE 30 – Crystal Palace to Carshalton Athletic

- 0.0 – Turn right out of the car park on Holmesdale Road and go straight on at the roundabout along Holmesdale Road
- 0.3 – At the end, use the subway to go under the railway and continue up Holmesdale Road
- 0.5 – At the end, turn left on Whitehorse Road
- 1.0 – Straight on at the lights by the Shell Garage
- 1.3 – As the road veers left carry straight on past the junction on Wellesley Road
- 1.5 – Turn right up Station Road after the Croydon Interchange building
- 1.7 – Cross over London Road on Tamworth Road then fork right on Ruskin Road parallel with the railway
- 2.0 – Pass under Roman Way onto Cairo New Road along the railway
- 2.3 – At the end, turn right on Waddon Road over the railway
- 2.6 – Turn left at the lights on Purley Way
- 2.9 – At the lights, turn right on Croydon Road
- 4.1 – Pass Londis
- 4.4 – Straight on at the lights past the War Memorial
- 4.9 – Turn right on North Street on the road across the pond
- 5.1 – Turn left up Station Approach before the railway bridge
- 5.2 – At the end, turn right under the railway on West Street then left at the roundabout (1st exit) on Colston Avenue
- 5.4 – Arrive at Carshalton Athletic on the right

STAGE 31 - Carshalton Athletic to Sutton United

- 0.0 – Carry on along Colston Avenue
- 0.2 – Turn right (2nd exit) at the roundabout onto Westmead Road
- 0.6 – Straight on (2nd exit) at the roundabout on Lower Road
- 0.8 – Fork right (3rd exit) at the roundabout on Benhill Avenue

08 - Crystal Palace to Chelsea Women

STAGE 31 – Carshalton Athletic to Sutton United (Cont)

- 1.1 – At the lights at the end, turn right on Throwley Way (no entry for cars)
- 1.2 – Follow the road round to the left on Marshall's Road next to Lidl and then round to the right in front of Lidl on High Street
- 1.3 – At the next junction, turn left on Crown Road and go straight on at the next junction in front of Sainsburys staying on Crown Road
- 1.5 – At the roundabout, turn right (3rd exit) on Collingword Road
- 1.6 – Pass under the railway then enter the park on the left heading across next to the football ground
- 1.9 – Leave the park turning left on Gander Green Road, then turn into Sutton United FC

STAGE 32 – Sutton United to AFC Wimbledon

- 0.0 – Turn right out pf the car park on Gander Green Lane
- 0.4 – Turn right at the lights on Oldfields Road
- 1.6 – Veer slightly left at the roundabout (2nd exit) on St Helier Avenue
- 2.6 – Straight on (3rd exit) at the roundabout heading along Morden Hall Road
- 2.8 – Straight on at the lights with Aberconway Road
- 3.0 – Veer right at the roundabout (2nd exit) on Morden Road
- 3.6 – Straight through the lights by B&Q
- 3.8 – Turn right at the lights by South Wimbledon Tube station on Merton High Street
- 4.1 – Turn left at the lights on Haydon's Road
- 4.3 – Straight on (2nd exit) at the roundabout
- 4.9 – Turn right at the lights on Plough Lane past the Jehivah's Witnesses Kingdom Hall
- 5.2 – Arrive at AFC Wimbledon on the left

STAGE 33 – AFC Wimbledon to Chelsea Women

- 0.0 – Turn right and head back down Plough Lane
- 0.2 – Go straight across the lights with Haydons Road
- 0.7 – Straight on, then left at the double roundabout heading down Alexandra Road
- 1.2 – Straight on at the mini roundabout and then straight through the lights in Wimbledon onto St Georges Road past Sainsburys
- 1.3 – Follow the road round to the right and turn left (1st exit) at the roundabout onto Worple Road
- 2.3 – Fork left by the Shell Garage onto Pepys Road
- 2.6 – Fork left behind Waitrose
- 2.7 – At the end, turn right on West Barnes Lane and then immediately left on Camberley Avenue, immediately forking left on Taunton Avenue
- 3.0 – Enter the sports ground and follow the car park around the left-hand perimeter
- 3.1 – At the end, take the left-hand footpath / cycleway under the bridge
- 3.8 – Cross over Hugh Street in New Malden and continue along the path
- 4.2 – Exit the footpath on Elm Road, turn left and cross the tracks before turning immediately right on the footpath before the bridge
- 4.4 – Leave the footpath and turn right on Kingston Road
- 5.0 – Turn left and arrive in Kingsmeadow, home of Chelsea FC Women