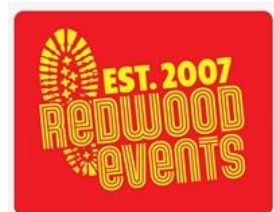
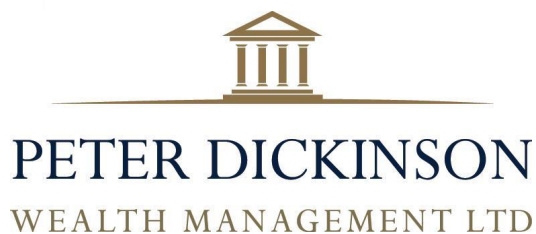


MERSEY MND MILES

September 7, 2024

In support of the Darby Rimmer MND Foundation



The Event



To Melwood Training Centre

To Liverpool CC

Supporting the Darby Rimmer MND Foundation

To Albert Dock

To Bramley Moore Stadium

To Calderstones Park





Plan of the Event

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This event is team event with teams of up to six walkers taking on a circular route starting and finishing at Anfield. The route of a little under 20 miles has been broken down into seven stages, touring Merseyside sporting arenas and local beauty spots.

Stage	From	To	Miles	Start Time	End Time
1	Anfield Stadium	Melwood Training Ground	3.53	10.00	11.04
2	Melwood Training Ground	John Alderman Village Gardens	3.37	11.14	12.15
3	John Alderman Village Gardens	Liverpool Cricket Club	3.50	12.25	13.28
4	Liverpool Cricket Club	Britannia Inn	2.37	13.38	14.21
5	Britannia Inn	Bramley Moore Stadium	4.35	14.31	15.49
6	Bramley Moore Stadium	Goodison Park	2.01	15.59	16.35
7	Goodison Park	Anfield	0.80	16.45	17.00

Teams will be set off at 20 second intervals at the start to prevent excessive crowding on pavements. As stage ends, one person from each team will need to check in with the marshals.

There is no demand for all members of the team to walk every one of the seven stages. This allows for people of differing walking abilities to take part. If a team chooses to walk the route in some sort of rotating stage rota, they will need to provide their own support vehicle.



Mersey MND Miles





Joining the Walk

There are two ways to join the event

WALKERS

Fundamentally the vast majority of the participants in the Mersey MND Miles will be the walkers. People will enter in teams of up to six people. The team will stay together through the walk.

Not all team members need to complete each stage. If some walkers don't feel that they can complete the full 20 miles, teams can share out the stages. As long as the team has its own support vehicle to transfer the non-walkers around, and someone from the team is completing each stage, the team is completing the course.

MARSHALS

We will need three pairs of marshals to cover rotating stage ends. Their role will be to check in each team at the end of each stage. This allows us to make sure that everyone is safely progressing around the course.

REGISTRATION FEE

Everyone taking part as a walker or marshal will be asked to pay a registration fee of £10. This is largely to cover the cost of the event t-shirt. Any extra money raised will go to the Foundation..





Will be replaced by the real event t-shirts once they have been designed

T-shirts

T-shirts for the event will be designed and supplied by White Lodge Group, regular suppliers to Redwood Events.

The walkers and marshals will wear yellow t-shirts with a choice of blue or red print. All walkers and marshals will register to take part and the registration fee of £10 will include a t-shirt.





FUNDRAISING

Fundraising

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Our fundraising effort will take many forms

Personal Fundraising

Each team will have an online fundraising page as part of an overall event page. We ask that each team tries to arrange a minimum of £100 per person in the team.

Stage Sponsors

We are looking to get a sponsor for each mile of the journey. More information on this can be found on the next page





PETER DICKINSON

WEALTH MANAGEMENT LTD

Our Sponsors

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Events like this need willing and generous backers to make sure that we have the funding to make the event possible. Peter Dickinson Wealth Management Ltd have agreed to be our main sponsor and will cover the costs of the event.

In addition, we will recruit 20 'Stage Sponsors', companies who will donate a minimum of £150 in support of the event. All this money will go directly to the Foundation. All sponsors names will be on the event t-shirts with the main sponsor with pride of place. All logos will appear on the event banner.

Stage	From	To	Company Name
1	Anfield	Clubmoor	
2	Clubmoor	Norris Green	
3	Norris Green	West Derby	
4	West Derby	Melwood	
5	Melwood	Dovecot	
6	Dovecot	Childwall	
7	Childwall	Gateacre	
8	Gateacre	Woolton	
9	Woolton	Calderstones	
10	Calderstones	Liverpool CC	
11	Liverpool CC	Otterspool Promenade	
12	Otterspool Promenade	Festival Gardens	
13	Festival Gardens	Britannia Inn	
14	Britannia Inn	Brunswick Dock	
15	Brunswick Dock	Alberk Dock	
16	Alberk Dock	Pier head	
17	Pier head	Bramley Moore Stadium	
18	Bramley Moore Stadium	Sandhills	
19	Sandhills	Goodison Park	
20	Goodison Park	Anfield	

The Route



To Brunswick Dock

To Childwall

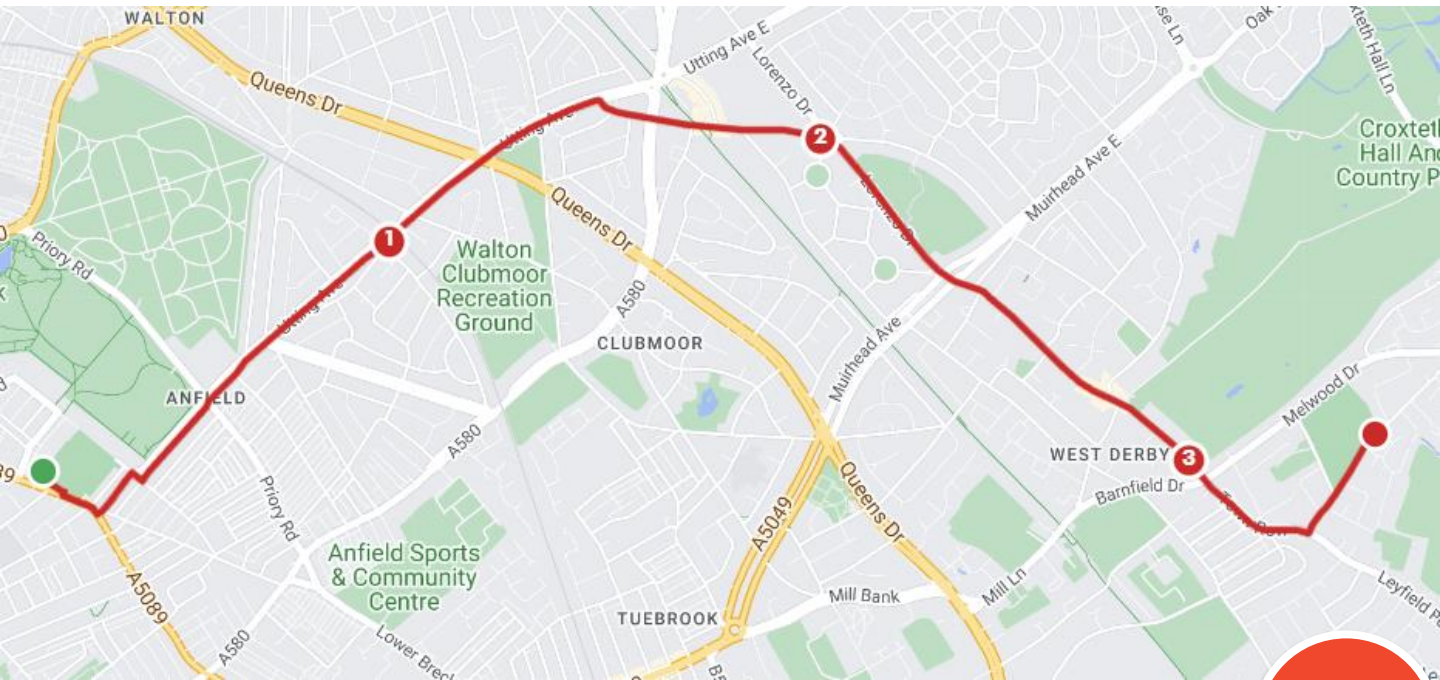
Supporting the Darby Rimmer MND Foundation

To John Alderman Village Gardens

To Goodison Park

To Anfield

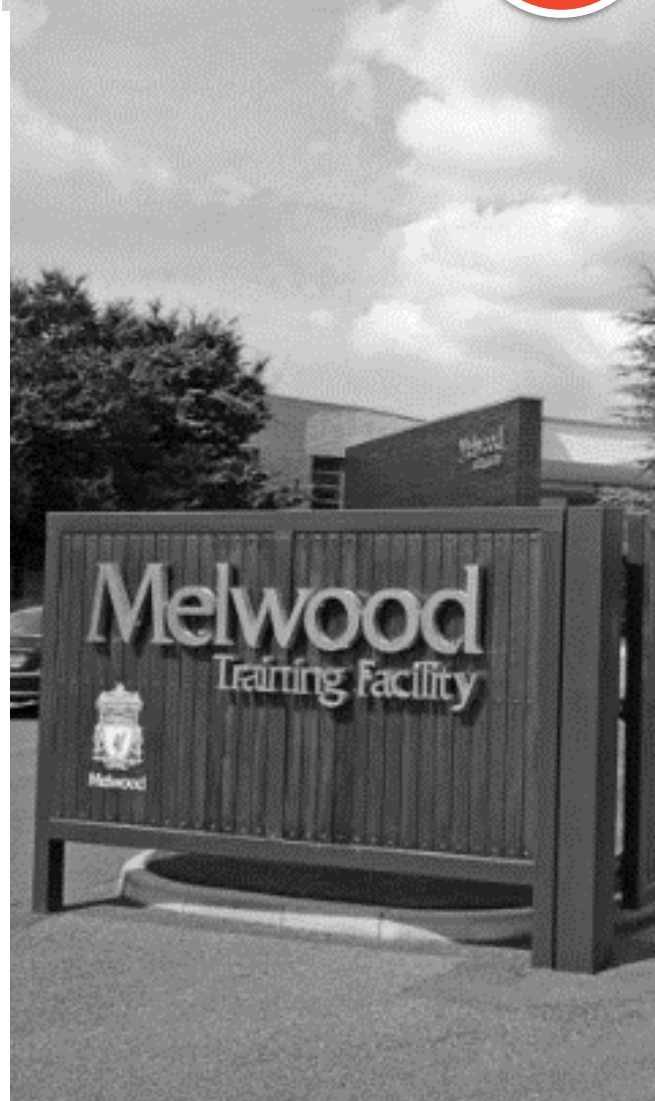




Stage 1 – Anfield to Melwood

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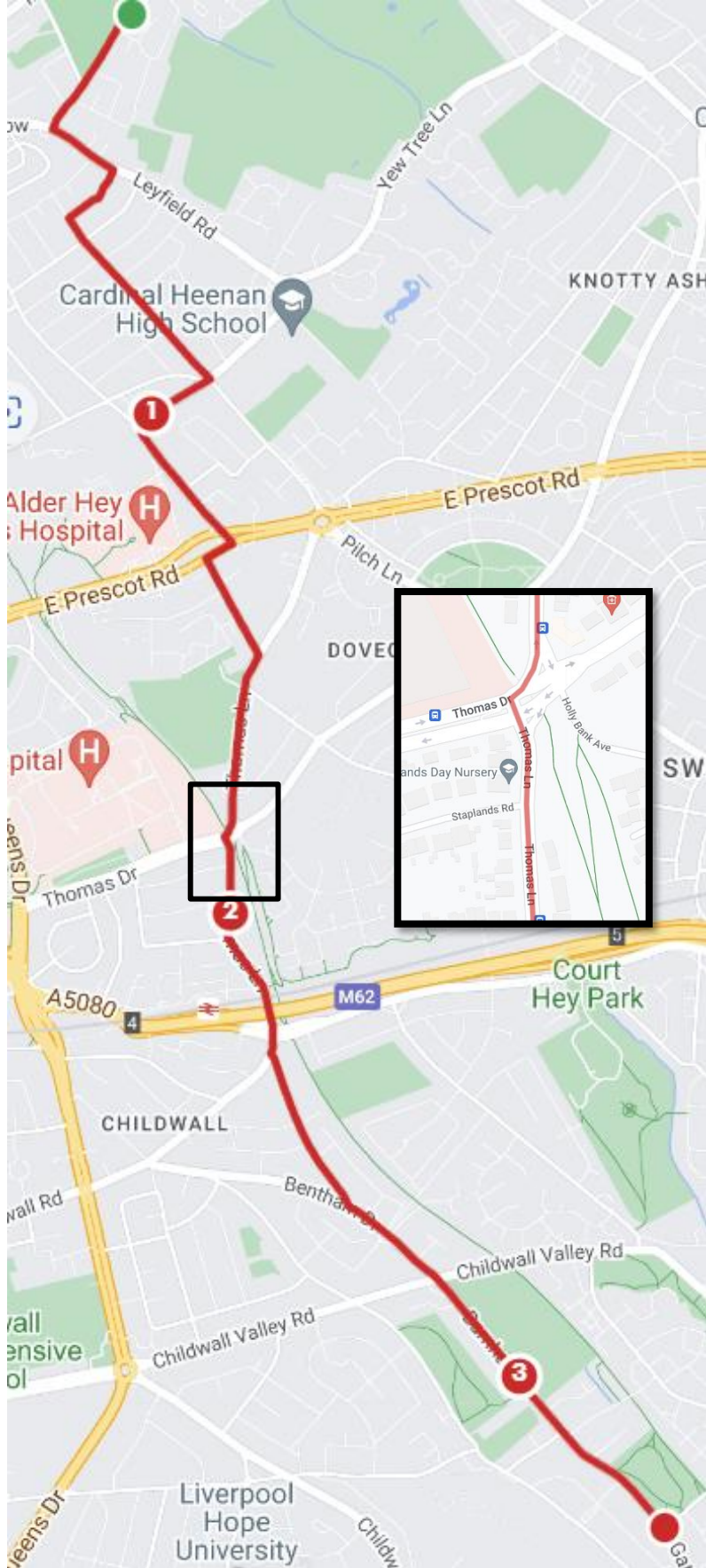
- 0.0 – Leave the stadium heading along Walton Breck Road in front of the Kop.
- 0.1 – After the ground, turn left on Skerries Road and at the end turn right on Anfield Road
- 0.2 – By the Arkles pub, turn left on Arkles Lane following right hand pavement
- 0.5 – Cross over the lights with Priors Road onto Utting Avenue
- 1.2 – Cross over Queens Drive staying on Utting Avenue
- 1.5 – Fork right on Broad Lane
- 1.6 - Head straight across Townsend Avenue staying on Broad Lane
- 2.0 – Veer slightly right (4th exit) at the roundabout onto Lorenzo Drive
- 2.3 – Straight across the double set of lights with Muirhead Avenue East heading down Almond's Green
- 3.0 – Head straight across the lights with Barnfield Drive onto Town Row
- 3.3 – Turn left onto Deysbrook Lane by the Royal Standard pub
- 3.5 – Arrive and Melwood Training Centre



Mersey MND Miles



- 0.0 – Head back down Deysbrook Lane and at the end, turn left on Leyfield road
- 0.4 – Turn right opposite the school on Alcester road
- 0.5 – At the end, turn left on Blackmore Drive
- 0.9 – At the junction at the end turn right on Honey's Green Lane
- 1.0 – Turn left at the roundabout (1st exit) on Eaton Road
- 1.3 – At the lights, cross the first carriageway then turn right on the next, then take the next left on Thomas Lane
- 1.5 – At the end, turn right staying on Thomas Lane
- 1.8 – Straight on at the lights on Thomas Lane (not into Summerhill Park)
- 2.2 – Mass under the M62 then go straight through the lights on Rocky Lane then turn immediately left on Bowland Avenue
- 2.5 – At the end, veer left on Bentham Drive
- 2.7 – Straight on at the lights past the playing fields
- 3.4 – Handover after the John Alderman Village Gardens on the junction with Escor Road



Stage 2 – Melwood to the John Alderman Village Gardens

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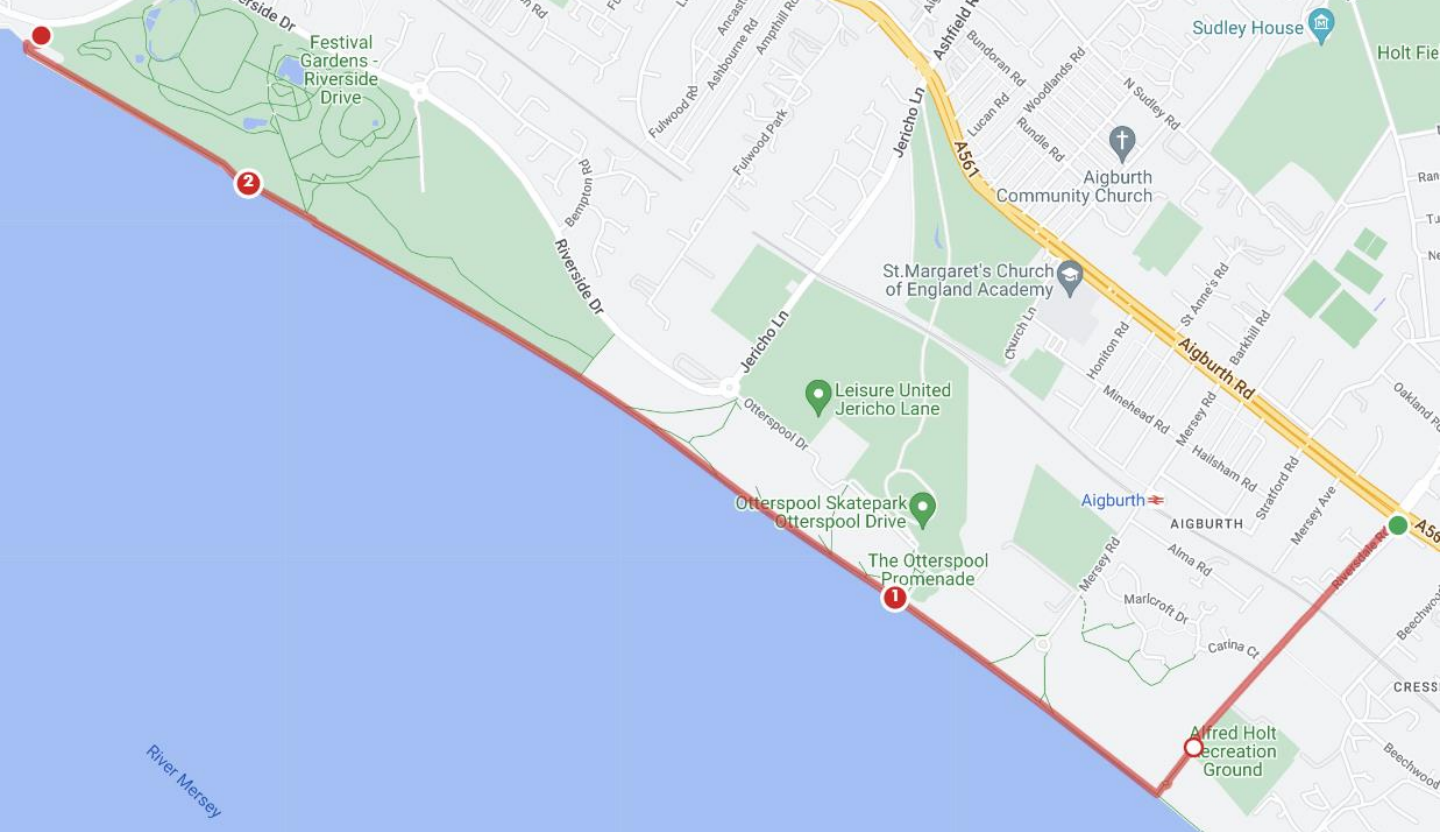
- 0.0 – Carry on along Gateacre Park Drive
- 0.2 – Turn right on Rockbourne Avenue
- 0.7 – At the top, turn right on Woolton road
- 0.9 – Turn left (1st exit) at the roundabout on Aldbourne Avenue and turn immediately right on Dunsdon Road

- 1.1 – At the end, turn right on Druid's Cross Road
- 1.4 – Cross over Menlove Avenue and fork left through the gates into Calderstones Park
- 1.6 – On reaching the Calderstones Mansion House, fork right along the path through the trees and follow the path across the park
- 1.9 – On exiting the park, turn left on Allerton Road and take the second right on Glendyke Road

- 2.4 – At the end, turn right on Booker Avenue then head straight over Mather Avenue
- 3.0 – Cross over Brodie Avenue onto Aigburth Hall Avenue
- 3.5 – Cross Aigburth Road and arrive at Liverpool Cricket Club

Stage 3 – John Alderman Village Gardens to Liverpool Cricket Club

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Stage 4 – Liverpool Cricket Club to The Britannia Inn

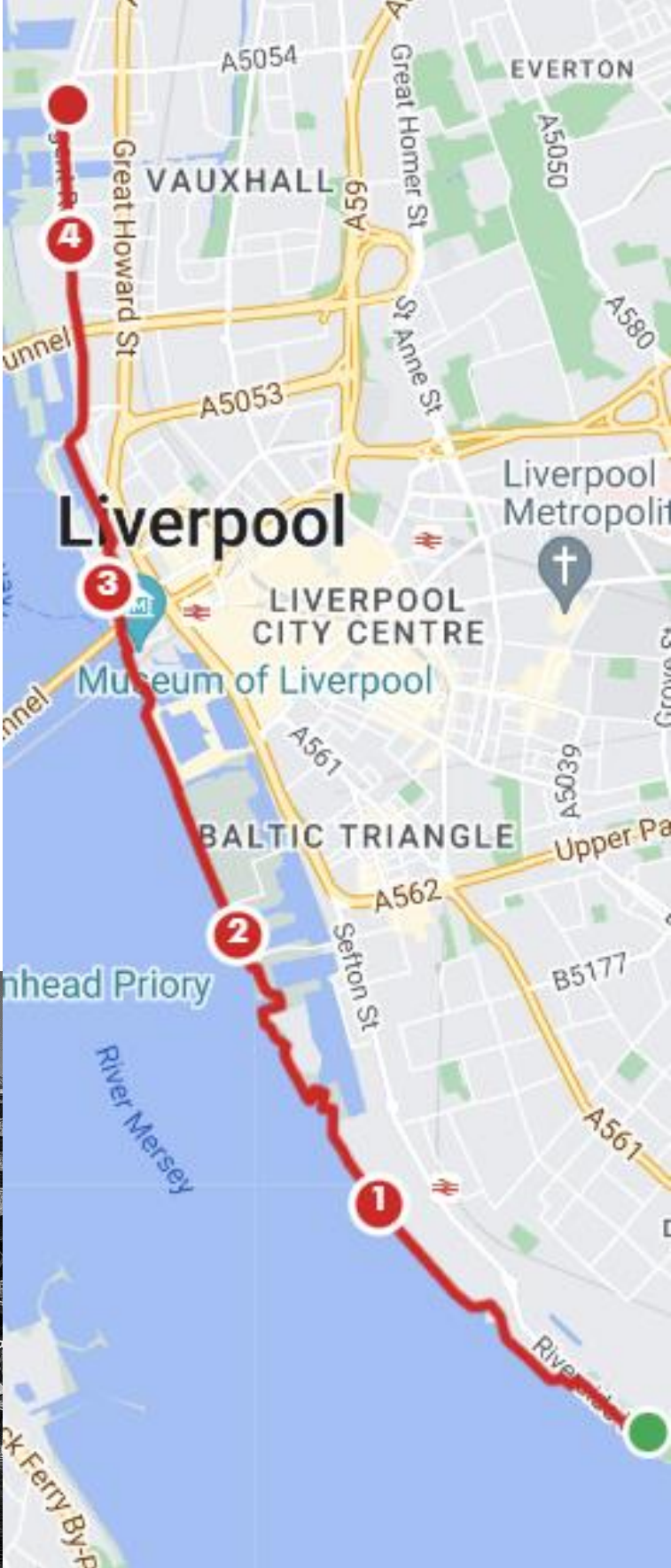
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- 0.0 – Carry on along Riversdale Road towards the river
- 0.6 – As the road turns right into a car park, follow the path to the river and then turn right along the Promenade path
- 2.5 – Arrive at the Britannia Inn

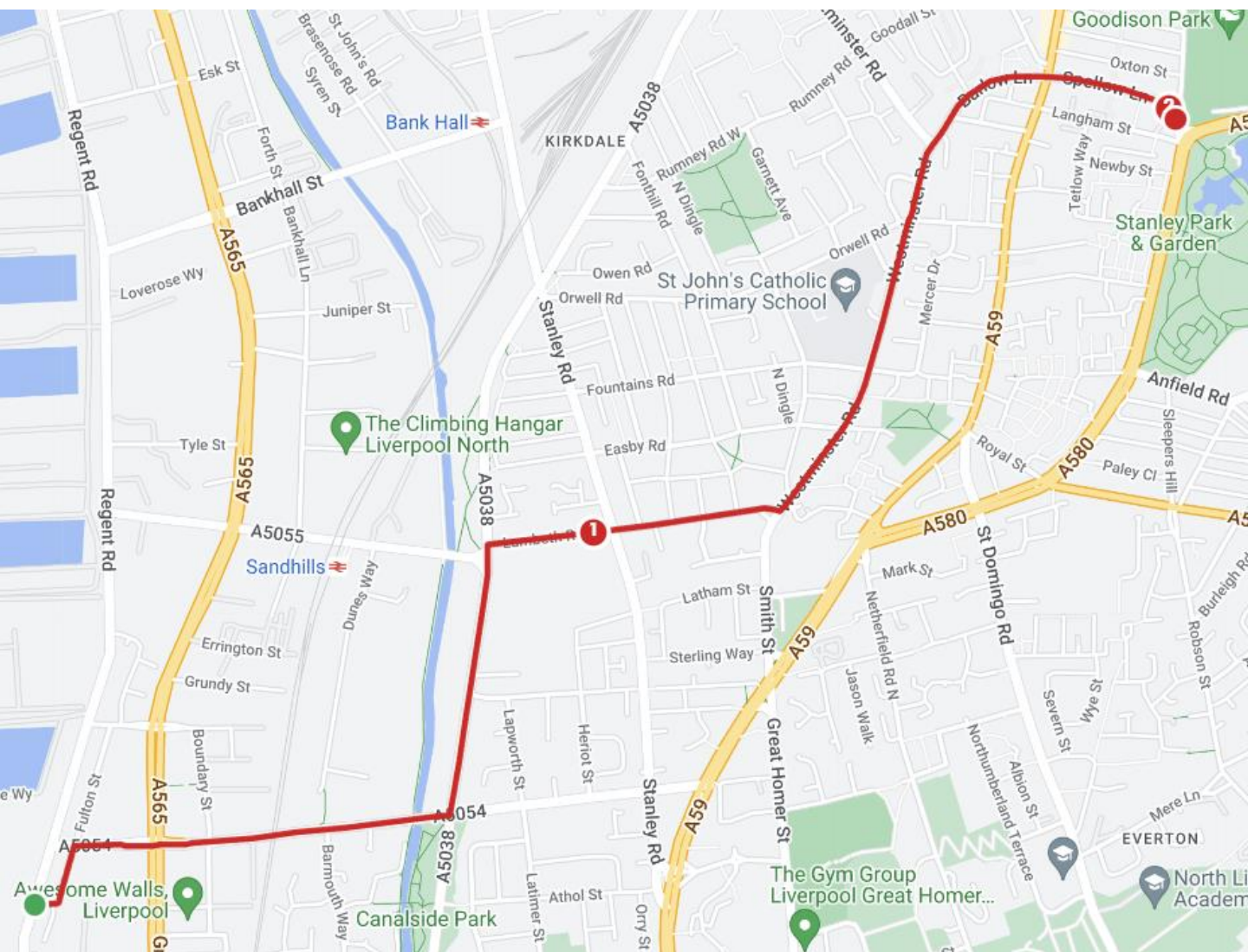


0.0 – Leave the Inn and turn left on Riverside Drive
 0.3 – At the car park on the left, take the path down to the waterfront and continue north along the Trans Pennine Trail along the river
 1.3 – Cross the bridge by Brunswick Dock staying on the Trans Pennine Trail along the river
 2.5 – Pass between Albert Dock and the Mersey
 2.9 – Pass the Pier Head
 3.1 – Turn right on St Nicholas Place after the Royal Liver Building
 3.2 – Turn left on New Quay opposite the Mersey Tunnel Dock Entrance and keep left forking away from the main road on Bath Street
 3.5 – At the roundabout, veer right (2nd exit) onto Waterloo Road
 4.3 – Arrive at Bramley Moore Stadium



Stage 5 – The Britannia Inn to the Bramley Moore Stadium





Stage 6 – Bramley Moore Stadium to Goodison Park

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- 0.0 – Continue north on Regent Road and take the first right on Blackstone Street
- 0.2 – Straight over the lights staying on Blackstone Street
- 0.5 – Cross the lights then turn left at the lights onto Commercial Road
- 0.9 – Go through the lights then immediately turn right up Lambeth Road
- 1.0 – Straight across the lights with Stanley Road staying on Lambeth Road
- 1.2 – At the end, veer left onto Westminster Road
- 1.7 – Pass the Texaco Garage
- 1.8 – Straight across the lights by the Royal Oak pub onto Spellow Lane
- 2.0 – Turn left to Goodison Rad and arrive at Goodison Park



Mersey MND Miles



- 0.0 – Turn left out of Goodison Park onto Goodison road and then turn right on Walton Lane in front of the Everton Club Shop
- 0.4 – At the end of the park, turn left on Anfield Road
- 0.8 – Arrive at Anfield on 97 Avenue



Stage 7 – Goodison Park to Anfield

